

Item: 8

Education, Leisure and Housing Committee: 10 November 2021.

Pickaquoy Centre Trust – End of Year Performance.

Report by Executive Director of Education, Leisure and Housing.

1. Purpose of Report

To review Pickaquoy Centre Trust's end of year usage and performance for 2020/21.

2. Recommendations

The Committee is invited to note:

2.1.

That the COVID-19 pandemic resulted in the closure of the Pickaquoy Centre from 20 March to 2 November 2020.

2.2.

That, during the closure of the Pickaquoy Centre, the Trust realised savings of £830,000.

2.3.

That the Pickaquoy Centre Trust was successful in securing £1,046,842 of external funding.

2.4.

That the Council paid the full annual management fee for 2020/21, amounting to £776,592, to the Trust.

2.5.

That Pickaquoy Centre Trust's audited annual accounts for 2020/21 have been submitted and indicate an operating surplus of £113,843.

2.6.

That the Pickaquoy Centre Trust end of year usage figures and performance covering the period 1 April 2020 to 31 March 2021, attached as Appendix 1 to this report, indicate overall annual usage figures of 52,154 which represents a decrease of 86% in overall usage against the same period in financial year 2019/20.

3. Background

3.1.

The agreement for the provision of services, known as the Service Agreement, forms the basis of the contractual arrangement between Orkney Islands Council and the Pickaquoy Centre Trust. It is based on the requirement in terms of section 14 of the Local Government and Planning (Scotland) Act 1982 for the Council to ensure there is adequate provision for the facilities for the inhabitants of their area for recreational, sporting, cultural and social activities.

3.2.

As recommended by the Education, Leisure and Housing Committee in June 2019, the Council has agreed to make payments to the Pickaquoy Centre Trust for the delivery of aims and priorities as detailed in the Service Agreement 2019 to 2022. The amount paid for the services is reviewed annually to determine the requisite annual payment for the agreed level of service provision.

3.3.

A number of meaningful aims and priorities, as detailed below, are included in the Service Agreement 2019 to 2022 which provides a clear link between the aims and priorities of the Council and partners such as Sportscotland and Orkney's Community Planning Partnership.

3.3.1.

Aim: Provision of Leisure Facilities – to provide specialist venues, staff and activities to promote sport, leisure and learning.

Priorities:

- Provide facilities that comply with Health and Safety legislation and statutory guidelines.
- Provide opportunities to schools for delivery of curriculum and after school activities.
- Provide opportunities for casual use by the public.
- Provide specialist venues for use by sports clubs.
- Provide specialist venues for use by specific target groups – exercise referral/disability.
- Provide specialist venues and supervision/guidance for athletes who are part of the Sportscotland Institute of Sport/Performance Development Programme.
- Contribute to delivery of the Council's Pitch and Facilities Strategy and Physical Activity and Sport Strategy.

3.3.2.

Aim: Provision of Physical Activity and Sport – to increase the number of people taking part in physical activity.

Priorities:

- Work with Active Schools to develop pathways for young people to progress from school to after school and community sport.
- Develop and monitor a range of physical activity and sport opportunities.
- Develop and retain specialist staff for disability and exercise referral delivery.
- Work with specialist sports officers of national governing bodies and Orkney's Community Sports Hub Officer to contribute to the development of sport in Orkney.
- Contribute to the roll out of Orkney's Sport Club accreditation scheme to ensure the good practice and governance of facility users.
- Provide Swim Club lane hours for training.
- Deliver the Scottish National Swimming Framework Learn to Swim Programme.
- Develop and deliver a programme of coach led activities for all age groups.
- Develop and deliver holiday programmes.
- Contribute to the reduction of childhood obesity in primary school children.
- Work with other agencies in contributing to delivering a reduction in inequalities in relation to physical activity and healthy weight.
- Operate an exercise referral programme to support healthy eating and increase physical activity.
- Report on the number of children attending Learn to Swim Programme and numbers completing the programme and progressing on to the Orkney Amateur Swimming Club.
- Contribute to the long-term outcome of increasing the proportion of Orkney's population with a healthy weight.

4. Monitoring of Pickaquoy Centre Performance

4.1.

The COVID-19 pandemic resulted in the closure of the Pickaquoy Centre from 20 March 2020 to 2 November 2020, resulting in a significant impact on the service operation of the Trust. As a consequence, the main focus of the Pickaquoy Centre Trust during the majority of 2020/21 was ensuring it remained solvent.

4.2.

Throughout the period of closure, the Trust's Senior Management Team worked to reduce expenditure wherever possible, while seeking all opportunities to access external grant funding.

4.3.

The Pickaquoy Centre Trust was successful in securing £1,046,842 of external funding as follows:

- Third Sector Resilience Fund – £75,000.
- Orkney Islands Council (OIC) Top up Grant – £7,500.
- Creative Scotland, Performing Arts Venues Relief Fund – £150,000.
- Screen Scotland, Independent Cinema Recovery and Resilience Fund – £36,665.
- HMRC, Job Retention Scheme – £475,677.
- Scottish Government Lost Income Scheme – £302,000.

4.4.

Council officials worked closely with the General Manager and Financial controller in providing support to the Trust, the most significant being continuation of the full £776,592 annual management fee for 2020/21.

4.5.

In agreement with Council officials, the Pickaquoy Centre Trust implemented a freeze on all ActiveLife and ActivesIslands membership payments, both of which are important revenue streams for the Trust as well as the Council.

4.6.

The General Manager of the Pickaquoy Centre Trust provided usage figures and performance for 2020/21, together with commentary for each of the Service Agreement priorities detailed in sections 3.3.1 and 3.3.2 above.

4.7.

Performance data for 2020/21 shown at Appendix 1 unsurprisingly shows all areas of the Trust operation experienced a significant decrease in usage. The overall facility usage of 52,154 visits for 2020/21 represents a decrease of 287,557 visits or 85% against 2019/20 facility usage.

4.8.

During its period of closure, the Trust continued to try to offer some activity to its users and members through its online offer.

4.9.

When the Centre reopened on 2 November 2020, stringent COVID-19 restrictions continued to limit what services and activities it could provide resulting in reduced usage and uptake of ActiveLife and ActivesIslands memberships.

5. Annual Accounts

5.1.

The annual accounts for the year ending 31 March 2021 have been submitted and indicate an operating surplus of £113,843. Incoming resources fell from £2,830,000 to £2,180,000, with the Trust reporting that, due to the COVID-19 pandemic, income from its charitable activities fell by £1,600,000.

5.2.

Expenditure also fell from £3,110,000 in 2019/20 to £2,070,000 in 2020/21 as a result of the centre being closed and reducing costs wherever possible. This included reduced energy usage and placing as many staff as possible on the furlough scheme.

5.3.

During the period the Pickaquooy Centre was closed, a total of £830,000 of savings were realised. The largest cost savings achieved by the Trust during 2020/21 included:

- Staff costs – £331,000.
- Purchases – £235,000.
- Utilities – £119,000.
- Repairs and Maintenance – £73,000.
- Orkney Islands Council – payment for the hire of facilities – £72,000.

6. Corporate Governance

This report relates to the Council complying with governance, scrutiny and performance monitoring processes and procedures and therefore does not directly support and contribute to improved outcomes for communities as outlined in the Council Plan and the Local Outcomes Improvement Plan.

7. Financial Implications

7.1.

The Council paid the Pickaquooy Centre Trust a management fee of £776,592 for 2020/21 to deliver a range of services, subject to the performance targets as set out within the Service Agreement being met.

7.2.

In addition to the £776,600 annual management fee, the Council also provided additional funds to the Trust totalling £309,500 (£302,000 from the Scottish Government Lost Income Scheme and £7,500 from Orkney Islands Council Top-up Grant).

7.3.

As a result of the agreed freeze on ActiveLife and ActiveIslands memberships, the Pickaquoy Centre Trust saved £72,000 as a result of not having to pay the Council for hire of facilities. However, this also resulted in the Council's Sport and Leisure service not receiving £72,000.

7.4.

The £72,000 lost income mentioned in 7.3. was subsequently covered by the Scottish Government's Lost Income Scheme.

7.5.

In accordance with the Code of Guidance on Funding External Bodies and Following the Public Pound, the Council has a duty to ensure adequate stewardship of Council funds at all times. It should be viewed as good practice that the Council ensures that the necessary systems and controls are in place to protect its investment.

8. Legal Aspects

The purpose of the Service Agreement is to provide fiscal savings, and in addition gives the Council the opportunity to monitor the Pickaquoy Centre Trust on performance management principles.

9. Contact Officers

James Wylie, Executive Director of Education, Leisure and Housing, extension 2401, Email james.wylie@orkney.gov.uk.

Frances Troup, Head of Community Learning, Leisure and Housing, extension 2177, Email frances.troup@orkney.gov.uk.

Garry Burton, Leisure and Culture Services Manager, extension 2440, Email garry.burton@orkney.gov.uk.

10. Appendix

Appendix 1: Pickaquoy Centre Trust – usage figures and performance for 2020/21, including commentary for each of the Service Agreement priorities.



The following aims and priorities are those to be achieved by The Pickaquooy Centre Trust (PCT) within the Service Level Agreement with Orkney Islands Council (OIC) signed 2019. This report completed by the team at Picky details the year April 2020 to March 2021.

*COVID-19 lockdowns meant the centre was closed from 20th March until 2nd November 2020, this, along with the ongoing Scottish Government restrictions means this year's report will be limited.

Both parties issued 'Force Majeure' letters to each other 26th March 2020.

Provision - Leisure Facilities

To provide specialist venues, staff and activities to promote Sport, Leisure and Learning.

It should be noted that the main focus for this year was ensuring the Trust remained solvent in order to be in a position to provide services once restrictions began to ease and beyond. With this in mind, the Senior Management Team at Picky worked diligently throughout the period to reduce cost where possible and identify every opportunity to bring external funding into the business. Ongoing support from OIC with the continuation of management fee payments on a monthly basis was also key and the Trust are very grateful for this.

The examples of external funding which we were successful in bringing in are;

- Third Sector Resilience Fund - £75,000
- OIC 'Top up Grant' - £7,500
- Creative Scotland, Performing Arts Venues Relief Fund - £150,000
- Screen Scotland, Independent Cinema Recovery and Resilience Fund - £36,665
- HMRC, Job Retention Scheme - £475,677
- COSLA/OIC, Income Loss Scheme - £302,000

Total - £1,046,842

At the same time we were able to offer facilities to Orkney Health & Care (OHAC) allowing them to provide the Orkney Coronavirus Community Support Hub through until autumn '20.

Priorities

1. Provide facilities that comply with Orkney Island Council's Health and Safety legislation and statutory guidelines;

- 1.1. The Pickaquooy Centre continues to meet these obligations, with OIC reviewing and auditing all HSE matters. Regular safety inspections are undertaken and certification received to show compliance. All insurances and relevant documentation is up to date and forms part of our annual audits completed by the OIC Client Officer, Garry Burton. We continue to have regular interaction with governing bodies of sports along with industry bodies allowing the team to keep up to speed with any impending changes which may affect the operational processes within the facility. This has been particularly important over the past year with COVID-19 guidance received from both the UK and Scottish Governments on an ongoing basis, as well as more specific advice from sportscotland on facility management. PCT have maintained a close working relationship with OIC over the last year to try to have consistency where possible within local facility operations. The Senior Management Team continually review the procedural documentation and training requirements for the wider team, this year, with specific emphasis on our ever changing Risk Assessments, COSHH updates for enhanced cleaning protocols and general efficiencies identified within our operating procedures.

2. Provide opportunities to schools for the delivery of curriculum and after school activities:

All after school activities suspended due to government restrictions

- 2.1. Glaitness Outdoor Football – no hours booked
 Indoor Football – no hours booked
 Badminton – no hours booked
 Netball – no hours booked
- 2.2. St Andrews Indoor Football – no hours booked
- 2.3. Primary School Swimming - no sessions booked
- 2.4. Curriculum Support Swim Classes - no sessions booked
- 2.5. Picky continue to work with Orkney College on their 'Skills for Work - Sport and Leisure' course - no participants attending during 2020-2021

3. Provide opportunities for casual use by the public (hours minus internal and club bookings):

- 3.1. Arena – 1,658 available, 609 used. (Based on 2 courts for 829hrs)
- 3.2. Bouldering – 6348 available, 683 used. (Based on 6 spaces for 1058hrs)
- 3.3. Squash – 3276 available, 724 used. (Based on 3 courts for 1092hrs)
- 3.4. Main Pool – 5766 available, unable to quantify used hours due to set up on Scuba
- 3.5. Leisure Pool - admissions suspended due to government restrictions
- 3.6. Cinema – 3635 available, 730 used. (Based on 35 shows with 67 seats per show & 30 shows with 43 seats per show)

4. Provide specialist venues for use by sports clubs:

- 4.1. Athletics – 8 hours (arena) & 79 hours (track)
- 4.2. Badminton – no hours booked
- 4.3. Bouldering - 225 hours (cave)
- 4.4. Climbing – no hours booked
- 4.5. Cycling – no hours booked
- 4.6. Fencing – no hours booked
- 4.7. Football – 6 hours (pitches) & 50 hours (AWP)
- 4.8. Gymnastics – no hours booked
- 4.9. Hockey – 68.75 hours (AWP)
- 4.10. Kayak – no hours booked
- 4.11. Martial Arts – no hours booked
- 4.12. Netball – no hours booked
- 4.13. Octopush – 210 hours (pool)
- 4.14. Roller Derby – no hours booked
- 4.15. Rugby – 9 hours (AWP)
- 4.16. Swim Club – 414 hours (pool)
- 4.17. Volleyball – no hours booked

5. Provide specialist venues for use by specific target groups – exercise referral/ disability:

- 5.1. Centre usage from our groups such as MS Orkney, Parkinsons UK, our mental health walking group and the OTAGO classes were all put on hold whilst closed. Furthermore, given the vulnerable nature of these conditions we have not yet been in a position to have these sessions return to the centre. We have engaged with the MS team on digital offerings where possible.
- 5.2. 'Wellness Sessions' and a number of 'Aqua-Walking sessions' continued in the swimming pool once reopened. These slower paced sessions are aimed at less active swimmers who may have mobility issues or are recovering from an operation. These sessions make use of our disability 'Poolpod' lift which has proven invaluable to many users, giving easier, more dignified access and egress to and from the pool.
- 5.3. Our weekly disabled swimming sessions within the pool were suspended when closed and this group have not felt comfortable in returning to the facility at this time. We will continue to liaise with them so that the space is available when they feel the time is right.
- 5.4. We continue to engage with the 'Inclusive Orkney' forum and will liaise with 'Disability Sport Scotland' and 'Disability Equality Scotland' (DES) on a periodic basis. An accessibility audit will be programmed with DES when restrictions allow.
- 5.5. Whilst not forming part of the current SLA with OIC, we are proud that the Phoenix Cinema offers designated wheelchair spaces, Autism Friendly /Relaxed screenings, an audio description service

for blind and visually impaired cinema goers, and audio enhanced service to Hard of Hearing customers, on compatible films. We accept CEA Cards for customers who aren't able to attend a screening on their own, which allows a carer to accompany them for free.

6. Provide specialist venues and supervision/guidance for athletes that are part of the Sportscotland Institute of Sport/PDP programme; and

- 6.1. The Pickaquoy Centre Trust continues to work closely with Catriona Munro, Senior Physical Preparation Coach from the sportscotland Institute of Sport as well as Garry Reid, Lead Manager for the Highlands & Islands. 2020/21 saw significant disruption due to the pandemic with the programme suspended from 20th March '20 until 26th April '21. Katie Rafferty, Fitness, Health, and Wellbeing Manager at Picky continues to liaise with Joanne Bamford, Community Sports Officer re the programme on a day to day basis.
- 6.2. sportscotland/OIC ATAS applications suspended for the year due to the review and allocation process for the applicants over the last two years and PCT have provided meeting facilities free of charge.
- 6.3. The Pickaquoy Centre Trust continued its sponsorship programme this year which was available to athletes across Orkney. The programme awarded successful applicants with an annual ActiveLife membership. Sponsorship was allocated through an application process, with athletes required to evidence their commitment to their chosen sport and outline how the support would improve their performance and help them meet their objectives. We were delighted to support 10 athletes across a wider range of sports during 2020/21. Memberships were extended into 21/22 given our period of closure due to the pandemic:

- Nicola Croy: Football
- Charlene Nicolson: Rugby
- Erika Marwick: Athletics
- Jo Donaldson: Cycling
- Rebecca Reid: Badminton
- William Sichel: Ultra-running
- Taylah Spence: Athletics
- Tegan Spence: Athletics
- Maggie Tait: Fencing
- Paul Scott: Badminton

7. Contribute to the delivery of Orkney Island Council's Pitch and Facilities Strategy and Physical Activity and Wellbeing (PAW);

- 7.1. The Pickaquoy Centre Trust continue to support both these strategies with engagement from the Managing Director and Operational Managers in OIC led meetings.

Provision – Physical Activity and Sport

To increase the number of people taking part in physical activity and to improve performance.

Priorities

1. Work with Active Schools to develop pathways for young people to progress from school to after school and community sport;

- 1.1. The Pickaquoy Centre team have worked with the Active Schools team on their input into the PAW strategy, however, this is most definitely an area which requires a greater focus and increased collaborative working. Discussions continue with Michael Swanney and Catherine Johnson in this regard.
- 1.2. PCT continue to partner with OIC's Community Learning and Development (CLD) in rewarding young people who have completed an accredited Youth Award in Orkney. Young people completing their awards not only receive their certificate from Youth Scotland, but also receive free passes to the cinema and swimming pool at Picky as further recognition of the hard work

and commitment. PCT also partner with VAO with a very similar scheme for those undertaking 'Saltire Awards'. Whilst the level of voluntary work was somewhat curtailed by COVID-19 restrictions, VAO were able to host an online awards ceremony for youngsters, which PCT supported through facility passes.

2. Develop and monitor a range of physical activity and sport opportunities;

- 2.1. The Pickaquoy Centre Trust operates a continuous review and improvement policy, taking every opportunity to collaborate with partners across the Leisure sector and beyond. Regular engagement with sportscotland, Community Leisure UK, Scottish Leisure Network Group and O.I.C. leaves us well positioned to keep up to pace with the sector at national and local level. This was particularly helpful this year, as it allowed us to 'sense check' policy and procedural changes which we were making throughout the period. Collaboration with other Leisure Trusts across Scotland was also hugely beneficial.
- 2.2. The 'LeisureLink Partnership' where ActiveLife members are able to access leisure facilities out with Orkney was suspended whilst partners developed their restricted offerings to best meet the needs of their own customers.
- 2.3. Reporting functionality is in place through our 'Scuba' booking system, allowing us to drill down to understand past and present trends which will form part of our future strategic plans. Management continues to drive this area of focus within the business.
- 2.4. Reports such as this and the refreshed Service Level Agreement of 2019 will allow both parties (PCT & OIC) to have a clear benchmark for future monitoring and development aspirations. The refreshed model for Monitoring meetings has been beneficial to both parties.
- 2.5. PCT continues to have a robust Customer Comments/Complaints process in place with monthly reporting to Trustees as well as OIC's Client Officer. These vital items of feedback are used within our continuous improvement programme and MD responses are always open to challenge, with items reviewed within Trust Meetings on a regular basis. PCT have been proactive in seeking customer feedback over the last year to fully understand what the customers concerns are re COVID-19 operations and how we best provide what is a significantly reduced offering to them.
- 2.6. The Pickaquoy Centre Trust continues to undertake an Annual Customer Survey to monitor our performance through the eyes of our users. Some of the pertinent results for 2020 are detailed below;

358 respondents *significantly down on previous year (COVID-19)

252 / 99% felt safe with COVID-19 measures put in place by PCT. (105 skipped question)
344 / 96% of customers were Extremely Satisfied/Satisfied/Neutral with opening hours.
356 / 99% of customers were Extremely Satisfied/Satisfied/Neutral with centre cleanliness.
333 / 93% of customers were Extremely Satisfied/Satisfied/Neutral with Value for Money.
346 / 97% of customers were Extremely Satisfied/Satisfied/Neutral with Customer Service.

This information is shared with customers through social media channels, as well as infographic posters throughout the centre. In addition, a staff format is also completed and shared to highlight the good work being done by the team, as well as the areas where further focus is required.

3. Develop and retain specialist staff for disability & exercise referral delivery;

- 3.1. The Pickaquoy Centre Trust currently has three employees who have successfully completed an Active IQ Level 3 Diploma in Exercise Referral Qualification. This training was provided by North Devon Exercise Specialist/Active IQ: Participants Kenny Brown, Katie Rafferty & David Hamilton. Further training will be undertaken to upskill the new Fitness Team.
- 3.2. PCT continue to reach out to a number of disability organisations as well as NHS Orkney.
- 3.3. Further OTAGO training will be undertaken in conjunction with colleagues at NHS Orkney. PCT still have the aspiration to be delivering this in a care home setting with PCT Instructors 'mobile' across the County.
- 3.4. Some movement with colleagues at NHS Orkney through the T2DP steering group which James Linklater sits on regarding this long term goal. It is hoped that the coming year will see a greater level of emphasis put on this by the local NHS Team which will in turn open up opportunities for the Trust to deliver.
- 3.5. Although the table below is not entirely relevant to disability and exercise referral training it shows the amount of training that was still undertaken during the challenging period of lockdown and ongoing restrictions.

Course	Attendees
Level 5 Certificate in Leadership and Management	Amanda Spence, Laura Olsen, Katie Rafferty
CIPD Level 3 Diploma in Human Resource Practice (Part 1)	Nicola Muir
Level 3 Diploma in Exercise Referral	Shirley Doull, Katie Rafferty
Level 3 Certificate in Planning and Delivering Personal Training	Shirley Doull
Body FX Coach	Shirley Doull
Life Coaching	Shirley Doull
Les Mills Body Step™	Shirley Doull
Les Mills Body Attack™	Shirley Doull
Exercise to Music	Emma Ratter
Less Mills E-module: Group Fitness Management	Katie Rafferty
RLSS National Pool Plant Operators (Qualification Renewal)	Leigh Miller
RLSS National Pool Lifeguard (Qualification Renewal)	Calvin Reid, Lisa Kirby, David Hayne, Darren Dalrymple, Ross Slater, Jamie Lowe, Charis Reid, Rory Pearson,
RLSS National Pool Lifeguard Qualification	Alex Cooper, Angela Ross, Connor Macleod, Jamie Adam, Scott Carr
RLSS Water Safety Toolkit	Louise Stewart
RLSS Delivering RLSS UK Training and Assessments During COVID-19	Louise Stewart, Lisa Kirby
IQL Level 2 in Automated External Defibrillator (Renewal)	Hannah Cursiter, Laura Olsen, Lisa Kirby, Stue Dingwall
First Aid at Work (3-day Renewal)	Calvin Reid, Mark Stillwell. Ian Rendall, Kenny Brown
IQL L3 Emergency First Aid at Work	Sandy Morris, Ella Spence
Safeguarding in Athletics	Rory Pearson, Craig Drever, Hudson Thomas-Johnston
Sportscotland E-learning Module: COVID Officer Training	Mark Stillwell, Calvin Reid
RBS E-module Training: Coronavirus Awareness	60 Employees Completed
RBS E-module Training: Equality & Diversity	53 Employees Completed

3.4. Further Dementia Awareness training will be undertaken once COVID-19 restrictions allow.

3.5. James Linklater continues to engage with 'Inclusive Orkney' which is led by Joanne Bamford, Community Sports Officer and facilitates a valuable link into Scottish Disability Sport colleagues.

4. Work with specialist sports officers of national governing bodies and Community Sports Hub Officer to contribute to the development of Sport in Orkney;

4.1. The team at Picky engage with Joanne Bamford, Community Sports Officer as and when required and have worked in collaboration on training opportunities. Although not possible this year due to 'Lockdown' and ongoing restrictions, PCT are very willing to continue supporting 'Come & Try' sessions such as the one held in 2019.

4.2. James Linklater is part of the sportscotland Regional Leadership Group which meets on a regular basis with partners from across the Highland and Islands and allows direct access to Governing Bodies as and when required.

5. Contribute to the roll out of Orkney's Sport Club accreditation scheme to ensure the good practice and governance of facility users;

5.1. OIC currently have the further development of this scheme on hold, however, we will be happy to revisit this when they feel the time is right.

6. Provide Swim Club lane hours for training;

6.1. In 2020/21 The Pickaquoy Centre Trust provided Orkney Amateur Swimming Club with 579.6 hours of free lane time as per the terms of our Service Level Agreement. In addition a further 26.4 paid lane hours were utilised by the club for Galas and additional training sessions.

7. Deliver the Scottish National Swimming Framework Learn to Swim Programme;

- 7.1. We usually run Learn to Swim courses during school term time throughout the year. The course content follows the National Framework for swimming in Scotland. Unfortunately COVID-19 restrictions impacted on this programme significantly this year. The Learn to Swim courses are split into the following levels:
- 7.2. Early years: Restarted April 2021
- 7.3. Pre-school, Swim Skills 1-4 and 'Club Ready': 372 participants, Preschool restarted April 2021
- 7.4. 1:1 Classes For children and adults alike these sessions give individual focus: not restarted
- 7.5. Adult Swim Classes: not restarted
- 7.6. Skills & Drills: not restarted
- 7.7. Powerswim: not restarted
- 7.8. Masters Swimming: not restarted

8. Develop and deliver a programme of coach led activities for all age groups;

Term Courses

- 8.1. Jnr Climbing – 398 participants
- 8.2. Adult Climbing – not restarted
- 8.3. Ballet – 180 participants
- 8.4. Modern – 134 participants
- 8.5. Jnr Tap – 48 participants
- 8.6. Adult Tap – 34 participants
- 8.7. Gymnastics – 902 participants
- 8.8. Run Jump Throw – restarted April 2021
- 8.9. Adult Swimming – not restarted
- 8.10. Early Years Swimming – restarted April 2021
- 8.11. Learn to Swim – 372 participants, (Swim Skills 1-Club Ready only, Preschool classes restarted April 2021)

Holiday Courses

- 8.12. One to one Swimming – Cancelled
- 8.13. Climbing – Cancelled
- 8.14. Trampolining – Cancelled
- 8.15. Zumba/Aqua Zumba – Cancelled

Group X

PCT offered online classes during our period of enforced closure through our 'Picky@Home' development. Collaboration with OIC to ensure a wide option of class type and times were available to customers. Furthermore, PCT partnered with 'Les Mills' to provide discounted access to their online offering throughout lockdown. When classes returned to the centre they were held in the Arena to ensure physical distancing guidance was met.

- 8.16. 4715 spaces booked
- 8.17. 4487 attended
- 8.18. 325 classes run

9. Develop and deliver holiday programmes;

- 9.1. Easter 2020 – Cancelled
- 9.2. Summer 2020 – Cancelled
- 9.3. October 2020 – Cancelled
- 9.4. Mid-Term 2021 – Cancelled

10. Contribute to the reduction of childhood obesity in Primary School children;

- 10.1. The table below shows a positive reduction in the number of primary age children who have been deemed obese through clinical reviews by the NHS Orkney Public Health team. We believe that the wide range of activities that we offer directly, as well as the support we offer to numerous local clubs will have assisted in this welcome reduction.

Source: BMI Distribution in Primary 1 School Children by Local Authority, Clinical categories, School Years 2001/02 - 2019/20. Provided by NHS Orkney Public Health. **20/21 Statistics pending publication, likely to be December '21.**

Orkney	18/19	19/20	20/21	% +/-
Number of children measured	200	145	R	
Number healthy weight (clinical)	156	124	E	
% Healthy weight (clinical)	78.0%	85.5%	P	+7.5%
Number overweight (clinical)	31	14	O	
% Overweight (clinical)	15.5%	9.7%	R	-5.8%
Number obese (clinical)	9	2	T	
% Obese (clinical)	4.5%	1.4%	P	-3.1%
Number severely obese (clinical)	4	5	E	
% Severely obese (clinical)	2.0%	3.4%	N	+1.4%
Number overweight, obese and severely obese combined (clinical)	44	21	D	
% Overweight, obese and severely obese combined (clinical)	22.0%	14.5%	I	-7.5%
Number obese and severely obese combined (clinical)	13	7	N	
% Obese and severely obese combined (clinical)	6.5%	4.8%	G	-1.7%

11. Work with other agencies in contributing to delivering a reduction in inequalities in relation to physical activity and healthy weight:

- 11.1.** Limited progress on this KPI other than the continuation of the 'Budget ActiveLife' membership which allows holders to access activities at just 50p per session. We would hope that our continued involvement within the NHS Orkney 'T2DP Steering Group' will allow the money which has been identified for this project to be utilised in such a way to reduce such inequalities through subsidised access.
- 11.2.** PCT continue to partner with 'Orkney Pride' with online Group X activities and will look to develop this relationship further when restrictions are lifted.
- 11.3.** PCT continue to offer free sanitary products in line with the Scottish Government's initiative to tackle period poverty. These products are distributed by OIC and Voluntary Action Orkney to local organisations. Customers can find these products in six of Picky's female and disabled toilets, with all other toilets throughout the Centre displaying a 'Free sanitary products' poster that lists the locations of where these items are available.
- 11.4.** PCT provides ten parent and child parking spaces, these spaces provide easy, safe and direct access into the Centre.
- 11.5.** Ten Disabled parking bays are available with clear signage in place as to their purpose.
- 11.6.** The Trust continues to engage within the 'Inclusive Orkney' forum to identify opportunities to further reduce any present inequalities.
- 11.7.** Further Dementia Awareness training through NHS Orkney will be revisited once COVID-19 restrictions allow.
- 11.8.** Again, whilst not forming part of the current SLA with OIC, we are proud that the Phoenix Cinema offers designated wheelchair spaces, Autism Friendly /Relaxed screenings, an audio description service for blind/visually impaired cinema goers, and audio enhanced service to Hard of Hearing customers, on compatible films. We accept CEA Cards for customers who aren't able to attend a screening on their own, allowing a carer to accompany free of charge. In addition, our twice monthly Fringe screenings are of non-mainstream films, including independent and art house films, documentaries and cult classics, which feature a diverse range of characters from all over the world, and often depict BAME or LGBTQ+ characters and experiences. Our policy for programming is very much one which fits with the principle of Equality, Diversity and Inclusion. We have engaged with the 'Orkney Pride' group on a number of initiatives. We will continue to look at this important aspect of programming as an opportunity to collaborate with marginalised groups and to educate our community. Our 'Inclusive' policy regarding our cinema was extremely beneficial when applying for grant funding.

12. Operate an exercise referral programme to support healthy eating and increase physical activity;

- 12.1.** The Pickaquoy Centre Trust currently has three employees who have successfully completed an Active IQ Level 3 Diploma in Exercise Referral Qualification. Kenny Brown, Katie Rafferty & David Hamilton. Further training will be undertaken to upskill the new Fitness Team.
- 12.2.** Managing Director, James Linklater sits on the local 'Living Well Group' along with Garry Burton. To date they have both encountered barriers from individuals within NHS Orkney regarding the reintroduction of an exercise referral scheme. We continue to chip away at middle management levels and this has been fruitful with initiatives such as the OTAGO training, as well as support with both the MS and Parkinsons offering.
- 12.3.** James Linklater continues to sit on the NHS Orkney 'T2DP Steering Group', a group looking at the prevalence of type 2 diabetes in the County and how we should work together to reduce this. Public Health Orkney have invested £5,000 with Picky to help encourage engagement from those at risk and the group is currently investigating an initiative called 'Lets Prevent' which will be trained to our fitness professionals. 'Teams' meetings have been ongoing throughout the pandemic and it is hoped that the coming year, if restrictions allow, will see some progress with training and direct interactions with patients.

13. Report on the number of children attending Learn to swim Programme and number completing the programme and progressing on the Orkney Amateur Swimming Club; and

- 13.1.** When children complete the 'Club Ready' stage of the Learn to Swim Framework, PCT forward their details (with prior permission) onto Orkney Amateur Swimming Club. COVID-19 disruptions impacted the transition process significantly this year.

14. Contribute to the long-term outcome of increasing the proportion of Orkney's population with a healthy weight.

- 14.1.** Unfortunately NHS Orkney Public Health are still unable to provide this information for our local authority at this point. We continue to discuss these stats with local contacts to see if there is an opportunity to identify how this looks for our locality, so that we can continue to tailor our offering with clear insights to what is required in the community.
<https://www.gov.scot/news/diet-and-healthy-weight-statistics-published/>
- 14.2.** James Linklater sits on the Type 2 Diabetes Prevention Group with a number of NHS Orkney representatives. Whilst progress has been challenging due to the pandemic, it is hoped that 21/22 should allow us to develop an exciting project to provide staff training and customer interventions to contribute to this outcome. The information above has been identified as key within this working group.

Performance indicators

Number of Participants	2019/20
Fitness including Strength and Conditioning	61,283
Group Exercise	40,276
Health	23,993
Junior Activities	28,433
Arena Sports	37,291
Other Indoor Leisure	19,414
Campsite	16,070
Track and Infield	9,392
Playing Fields	3,611
Synthetic Grass Pitch	4,497
Swimming	89,827
Squash	5,624
	339,711

Number of Participants	2020/21	+/-
Fitness including Strength and Conditioning	14,073	-47,210
Group Exercise	4,214	-36,062
Health	729	-23,264
Junior Activities	2,121	-26,312
Arena Sports	3,282	-34,009
Other Indoor Leisure	4,665	-14,749
Campsite	14	-16,056
Track and Infield	2,901	-6,491
Playing Fields	0	-3,611
Synthetic Grass Pitch	1,373	-3,124
Swimming	17,660	-72,167
Squash	1,122	-4,502
	52,154	-287,557

Like so many businesses across the country, Covid-19 had a devastating impact on the centre this year with facilities re-opening 2nd November '20. Quarter 4 saw the green shoots of recovery, however, continued restrictions on our services meant that it was impossible to return to our previous level of offering.