

Stephen Brown (Chief Officer)

Orkney Health and Care

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Agenda Item: 13

Integration Joint Board

Date of Meeting: 15 December 2021.

Subject: Orkney Alcohol and Drugs Partnership Annual Report 2020/21.

1. Summary

1.1. This report introduces Orkney Alcohol and Drugs Partnership's Annual Report for 2020/21.

2. Purpose

2.1. To present the Orkney Alcohol and Drug's Partnership's Annual Report for the period 2020/21.

3. Recommendations

The Integration Joint Board is invited to:

3.1. Note that the Orkney Alcohol and Drug Partnership's Annual Report 2020/21, attached as Appendix 1 to this report, was submitted to Scottish Government on 14 October 2021.

3.2. Seek assurance regarding the work programme of the Alcohol and Drugs Partnership during 2020/21.

4. Background

4.1. Each Alcohol and Drugs Partnership (ADP) is required to produce an annual report to Scottish Government reporting on their performance against the agreed ministerial priorities and national deliverables.

4.2. The report is attached as Appendix 1 and is in the format required by Scottish Government. The report covers all aspects of the work of the ADP during 2021 including the financial allocation to the ADP, the financial outturn and the expenditure.

4.3. It also covers performance on activity during 2021 under the following headings:

- Representation.
- Education and Prevention.
- Rights, Respect and Recovery (RRR) Treatment and Recovery Plan.
- Getting it Right for Children, Young People and Families.
- Public Health Approach to Justice.
- Equalities.

4.4. The data provided gives updates and assurances to Scottish Ministers around ADP delivery. The data will also be shared with Public Health Scotland's (PHS) evaluation team to inform monitoring and evaluation of drugs policy.

5. Contribution to quality

Please indicate which of the Orkney Community Plan 2021 to 2023 visions are supported in this report adding Yes or No to the relevant area(s):

Resilience: To support and promote our strong communities.	Yes.
Enterprise: To tackle crosscutting issues such as digital connectivity, transport, housing and fuel poverty.	No.
Equality: To encourage services to provide equal opportunities for everyone.	Yes.
Fairness: To make sure socio-economic and social factors are balanced.	Yes.
Innovation: To overcome issues more effectively through partnership working.	Yes.
Leadership: To involve partners such as community councils, community groups, voluntary groups and individuals in the process.	Yes.
Sustainability: To make sure economic and environmental factors are balanced.	No.

6. Resource implications and identified source of funding

6.1. There are no financial implications directly arising as a result from this report. There was £530,878 received for the commissioning of services with a financial year end spend of £448,498. The underspend is within the IJB earmarked reserves to be utilised in 2021/22.

7. Risk and Equality assessment

7.1. There are no risks or equality implications directly arising as a result from this report.

8. Direction Required

Please indicate if this report requires a direction to be passed to:

NHS Orkney.	No.
Orkney Islands Council.	No.
Both NHS Orkney and Orkney Islands Council.	No.

9. Escalation Required

Please indicate if this report requires escalated to:

NHS Orkney.	No.
Orkney Islands Council.	No.
Both NHS Orkney and Orkney Islands Council.	No.

10. Authors

10.1. Stephen Brown (Chief Officer), Integration Joint Board.

10.2. Lynda Bradford, Head of Health and Community Care, Orkney Health and Care.

10.3. Katie Spence, Alcohol and Drugs Partnership Co-ordinator, Orkney Health and Care.

11. Contact details

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11.2. Email: katie.spence@nhs.scot.

12. Supporting document

12.1. Appendix 1: Orkney Alcohol and Drugs Partnership Annual Report 2020/21.

ALCOHOL AND DRUG PARTNERSHIP ANNUAL REVIEW 2020/21 (Orkney ADP)

- I. **Delivery progress**
- II. **Financial framework**

This form is designed to capture your **progress during the financial year 2020/2021** against the [Rights, Respect and Recovery strategy](#) including the Drug Deaths Task Force [emergency response paper](#) and the [Alcohol Framework 2018](#). We recognise that each ADP is on a journey of improvement and it is likely that further progress has been made since 2020/21. Please note that we have opted for a tick box approach for this annual review but want to emphasise that the options provided are for ease of completion and it is not expected that every ADP will have all options in place. We have also included open text questions where you can share details of progress in more detail. Please ensure all sections are fully completed. **You should include any additional information in each section that you feel relevant to any services affected by COVID-19.**

The data provided in this form will allow us to provide updates and assurance to Scottish Ministers around ADP delivery. The data will also be shared with Public Health Scotland (PHS) evaluation team to inform monitoring and evaluation of drugs policy.

We do not intend to publish the completed forms on our website but encourage ADPs to publish their own submissions as a part of their annual reports, in line with good governance and transparency. All data will be shared with PHS to inform drugs policy monitoring and evaluation, and excerpts and/or summary data from the submission may be used in published reports. It should also be noted that, the data provided will be available on request under freedom of information regulations.

In submitting this completed Annual Review you are confirming that this partnership response has been signed off by your ADP, the ADP Chair and Integrated Authority Chief Officer.

The Scottish Government copy should be sent by **Wednesday 14th October 2021** to: drugsmissondeliveryteam@gov.scot



NAME OF ADP: Orkney

Key contact:

Name: Katie Spence

Job title: ADP Co-ordinator

Contact email: katie.spence@nhs.scot

I. DELIVERY PROGRESS REPORT

1. Representation

1.1 Was there representation from the following local strategic partnerships on the ADP?

- | | |
|-------------------------------|-------------------------------------|
| Community Justice Partnership | <input checked="" type="checkbox"/> |
| Children's Partnership | <input checked="" type="checkbox"/> |
| Integration Authority | <input checked="" type="checkbox"/> |

1.2 What organisations are represented on the ADP and who was the chair during 2020/21?

Chair (*Name, Job title, Organisation*): Gillian Morrison, Interim Chief Officer, Orkney Integration Joint Board

Representation

The public sector:

- | | |
|--|--|
| Police Scotland | <input checked="" type="checkbox"/> |
| Public Health Scotland | <input checked="" type="checkbox"/> |
| Alcohol and drug services | <input checked="" type="checkbox"/> |
| NHS Board strategic planning | <input checked="" type="checkbox"/> |
| Integration Authority | <input checked="" type="checkbox"/> |
| Scottish Prison Service (where there is a prison within the geographical area) | <input type="checkbox"/> |
| Children's services | <input type="checkbox"/> |
| Children and families social work | <input type="checkbox"/> |
| Housing | <input checked="" type="checkbox"/> |
| Employability | <input checked="" type="checkbox"/> |
| Community justice | <input checked="" type="checkbox"/> |
| Mental health services | <input checked="" type="checkbox"/> |
| Elected members | <input checked="" type="checkbox"/> |
| Other | <input checked="" type="checkbox"/> Scottish Fire & Rescue Service |

The third sector:

- | | |
|--|--|
| Commissioned alcohol and drug services | <input checked="" type="checkbox"/> |
| Third sector representative organisation | <input checked="" type="checkbox"/> |
| Other third sector organisations | <input checked="" type="checkbox"/> Please Womens Aid Orkney |

- | | |
|---------------------------------------|--|
| People with lived / living experience | <input type="checkbox"/> |
| Other community representatives | <input type="checkbox"/> Please provide details..... |



Other Please provide details.....

1.3 Are the following details about the ADP publically available (e.g. on a website)?

Membership

Papers and minutes of meetings

Annual reports/reviews

Strategic plan - <https://www.orkneyadp.org.uk/information-resources/reports-publications-of-interst-local/orkney-adp-strategy> Click or tap here to enter text.

1.4 How many times did the ADP executive/ oversight group meet during 2020/21?
3 times (July 2020, October 2020 and January 2021). The minutes are on the website at <https://www.orkneyadp.org.uk/about-orkney-adp/minutes-of-meetings>

1.5 Please give details of the staff employed within the ADP Support Team

Job Title	Whole Time Equivalent
1. ADP Co-ordinator	30 hours p/w
2. Development Officer	37.5 hours p/w

Total WTE

2. Education and Prevention

2.1 In what format was information provided to the general public on local treatment and support services available within the ADP?
Please tick those that apply (please note that this question is in reference to the ADP and not individual services)

Leaflets/ take home information	<input checked="" type="checkbox"/>
Posters	<input checked="" type="checkbox"/>
Website/ social media https://www.orkneyadp.org.uk/index.php https://www.facebook.com/OrkneyADP/ https://twitter.com/adporkney?lang=en	<input checked="" type="checkbox"/>
Accessible formats (e.g. in different languages) Please provide details.....	<input type="checkbox"/>
Other Please provide details.....	<input type="checkbox"/>



2.2 Please provide details of any specific communications campaigns or activities carried out during 20/21 (E.g. Count 14 / specific communication with people who alcohol / drugs and/or at risk) (max 300 words).

- **Foetal Alcohol Spectrum Disorder – Working in Conjunction with FASD Hub Scotland, Orkney ADP delivered a campaign of awareness raising relating to FASD. This included communications on social media, ADP website, development of FASD training embedded into established ABI training modules, promotion of FASD Hub Scotland resources and information sessions, etc. The FASD agenda in Orkney has been tied into the ongoing work to produce a Neurodevelopmental Pathway within NHS Orkney.**
- **SHAAP Rural Alcohol study – ADP worked in partnership with SHAAP to provide a details relating to alcohol use and culture within a rural, island context. ADP co-ordinator Katie Spence subsequently participated in the official launch of the SHAAP report, speaking to hundreds of participants regarding to the particular challenges faced by island ADP's in addressing alcohol related harms.**
- **White Ribbon Campaign – As an offshoot of Orkney ADP's participation in the local Domestic Abuse Forum the ADP has supported the development of 'White Ribbon Orkney' the local White Ribbon Group, campaigning to raise awareness of violence against women and girls. This has included promoting the campaign via ADP website and social media, the ADP Development Officer receiving White Ribbon Speaker training and participating in the 'Costa Del Kirkwall' local BID promotional event with an information stall & resources.**
- **International Recovery Day – Promotion including social media and ADP website promoting Recovery awareness.**
- **International Overdose Awareness Day – raising awareness of issues pertaining to Overdose via local media, ADP website, NHS Orkney & Orkney Islands Council media channels.**
- **Count14 Campaign – Awareness raising around Count14, promotion via ADP website, social media, and ABI training. Deployment of resources provided by Scottish Government around GP practices and third Sector organisations throughout Orkney.**
- **Alcohol Awareness Week – Promotion of AAW via local media, NHS Orkney and Orkney Islands Council, ADP social media and website, partnership work with Tesco's Kirkwall branch to have AAW information on view to customers throughout the week.**

Further information on all of communications and campaigns undertaken during 2020-21 by Orkney ADP can be found at: <https://www.orkneyadp.org.uk/information-resources/reports-publications-of-interst-local/miscellaneous>

2.3 Please provide details on education and prevention measures/ services/ projects provided during the year 20/21 specifically around drugs and alcohol (max 300 words).

The first half of the year's training delivery was greatly impacted by the Covid-19 pandemic. Promotion of national online training was initially utilised including:

- Re-solv (Volatile Substance Abuse) Online Training
- Scottish Drugs Forum (online training and Covid-19 webinars series)
- Scottish Drugs Forum – Naloxone Training for Trainers
- Scottish Drugs Forum - Sex, Drugs & Vulnerable Young People, Stigma, Basic Drug Awareness, Cannabis Awareness.
- CREW – Drugs Awareness



In addition, the ADP Support Team provided locally delivered training online such as the adapted Alcohol Brief Interventions, Basic Drugs Awareness and Benzodiazepines Awareness via MS Teams. This included providing support to Guidance Staff at both secondary schools and directly to senior pupils.

At the beginning of the year, the ADP Development Officer co-delivered training as part of the 'Stepping Stones' project at Orkney College for young adults with additional support needs.

Digital resources were provided to organisations throughout Orkney, including the new CREW drug resource booklets, Rethink Your Drink Cards, Drink Diaries, etc. The ADP website is regularly updated with digital versions of drug & alcohol resources. Physical resources such as Alcohol Unit measuring cups, Naloxone promotional items, and hard copies of resources are available upon request.

ABI Training remains a priority in addressing alcohol related harms in Orkney. Staff from the following organisations received ABI training; Police Scotland, Orkney Women's Aid, Orkney Youth Café, Orkney YPeople, Orkney Islands Council SEAL Team, Orkney Islands Council Community Learning & Development.

Support was provided to both of the Orkney secondary schools, Orkney College & Third Sector charities working with children & young people, including: 'Healthy Me' sessions at Stromness Academy. Partnership working with Orkney Drugs Dog, an ADP commissioned service, to deliver drug awareness sessions at Kirkwall Grammar School & Stromness Academy with a focus on harm reduction messaging. Basic Drug Awareness information sessions as part of the 'Stepping Stones' & 'Future Track' project at Orkney College for young adults with additional support needs. Basic Drug Awareness information sessions for VAO Connect Project with young adults who are disengaged from formal education.

2.4 Please provide details of where these measures / services / projects were delivered

- Formal setting such as schools
- Youth Groups
- Community Learning and Development
- Other – please provide details

2.5 Please detail how much was spend on Education / Prevention activities in the different settings above

- Formal setting such as schools
- Youth Groups
- Community Learning and Development
- Other – please provide details

No specific amounts, only expenditure was in the purchasing of resources to support delivery however as most training delivering undertaken online and restriction in providing 'handouts' this reduced the costs associated.



2.6 Was the ADP represented at the alcohol Licensing Forum?

Yes

No

Please provide details (max 300 words)

The ADP Co-ordinator is a member of the local Orkney Licensing Forum and usually attends meetings on a quarterly basis however the Forum did not meet in 2020/21 either in person or virtually. Under normal circumstances the ADP Co-ordinator would also attend the annual joint development session between the local Licensing Forum and Licensing Board however this did not take place in 2020/21. The local Licensing Standards Officer (Environmental Health Manager) is a member of the ADP Strategy Group.

2.7 Do Public Health review and advise the Board on license applications?

All

Most

Some

None

Please provide details (max 300 words)

Public Health receives all new license applications of which they review and respond accordingly.



3. RRR Treatment and Recovery - Eight point plan

People access treatment and support – particularly those at most risk (where appropriate please refer to the Drug Deaths Taskforce publication [Evidence-Based Strategies for Preventing Drug-Related Deaths in Scotland](#): priority 2, 3 and 4 when answering questions 3.1, 3.2, 3.3 and 3.4)

3.1 During 2020/21 was there an Immediate Response Pathway for Non-fatal Overdose in place?

- Yes
 No
 In development

Please give details of developments (max 300 words)

The pre-existing Drug Related Death Sub Group have already embedded a referral process following a non-fatal overdose presenting to A&E which triggers the opportunity of referral into treatment and / or provision of Take Home Naloxone if appropriate. Furthermore, the ADP Co-ordinator met with Scottish Ambulance Service’s Clinical Effectiveness Lead for Drug Harm Reduction to increase the coverage of Take Home Naloxone and have a Non-Fatal Overdose Pathway in place with SAS. The Non-Fatal Overdose Pathway between NHS Orkney and SAS was confirmed in July 2021 with daily non-fatal overdose data sent to a generic email picked up via the Drug and Alcohol Team. To date there have been no incidents since the pathway was set up.

3.2 Please provide details on the process for rapid re-engagement in alcohol and/or drug services following a period of absence, particularly for those at risk and during COVID-19. Are services fully open at normal levels / blended services on offer? (max 300 words).

There is a duty system at the Community Mental Health Team (Tier 3 service) which is open 9am to 5pm, Monday to Friday, where advice is given and cases can be picked up directly. This has not changed during COVID-19. The service also accepts direct referral from the Balfour Hospital for follow up. Telephone and Near Me digital appointments can be offered where appropriate and in some cases this has remained the preferred method of communication however for those who have not been seen in person for 12 months, an in person appointment has been arranged to check in. Face to face appointments for those ‘high risk’ individuals have remained throughout the pandemic and beyond both in the community and within clinical settings. It is expected that the continuation of services will remain as a blended model of both face-to-face and digital appointments.

3.3 What treatment or screening options were in place to address drug harms? (mark all that apply)

- Same day prescribing of OST
 Methadone
 Buprenorphine and naloxone combined (Suboxone)
 Buprenorphine sublingual
 Buprenorphine depot
 Diamorphine
 Naloxone
 BBV Screening
 Access to crisis support
 Access to detox from opiates/benzos - rehab
 Other non-opioid based treatment options **All pharmacology treatment options are offered alongside psychosocial support throughout episode of care. Training in Buprenorphine depot is taking place in October 2021 to provide additional option for treatment.**



3.4 What measures were introduced to improve access to alcohol and/or drug treatment and support services during the year, particularly for those at risk 20/21 (max 300 words).

NHS Orkney Drug and Alcohol Team are able to offer access to treatment via alternative options such as 'Near Me' Platform and tele-health options. The service introduced a home delivery service for Opioid Replacement Therapies (ORT) during the COVID-19 outbreak. Also reduced supervised dispensing and increased prescription lengths. In addition a pilot project via the Third Sector was commissioned to deliver assertive outreach for those individual who require additional support to get into and stay in treatment. The service was successful in gaining further funding via CORRA to continue the pilot. Orkney ADP will use the findings from this and utilise the Outreach Funding from the Scottish Government to explore further work in this area to increase capacity.

3.5 What treatment or screening options were in place to address alcohol harms? (mark all that apply)

- | | |
|---|-------------------------------------|
| Fibro scanning | <input type="checkbox"/> |
| Alcohol related cognitive screening (e.g. for ARBD) | <input type="checkbox"/> |
| Community alcohol detox | <input checked="" type="checkbox"/> |
| Inpatient alcohol detox | <input checked="" type="checkbox"/> |
| Alcohol hospital liaison | <input checked="" type="checkbox"/> |
| Access to alcohol medication (Antabuse, Acamprase etc.) | <input checked="" type="checkbox"/> |
| Arrangements for the delivery of alcohol brief interventions in all priority settings | <input checked="" type="checkbox"/> |
| Arrangements of the delivery of ABIs in non-priority settings | <input checked="" type="checkbox"/> |
| Other – Please provide details | <input type="checkbox"/> |

People engage in effective high quality treatment and recovery services

3.6 Were Quality Assurance arrangements in place for the following services? (examples could include review performance against targets/success indicators, clinical governance reviews, case file audits, review against delivery of the quality principles):

	<i>Adult Services</i>	<i>Children and Family Services</i>
Third sector	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Public sector	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>

3.7 Please give details on how services were Quality Assured including any external validation e.g. through care inspectorate or other organisations? (max 300 words)

All Third Sector commissioned services work to a Service Level Agreement (SLA) and provide the ADP with six monthly accountability reports which are in turn scrutinized by the ADP Commissioning Group. Additionally, an annual 'on-site' visit to each commissioned service is undertaken by the ADP Co-ordinator and nominated members of the ADP Commissioning Group to provide an enhancement of understanding and reassurance. No on-site visits took place in 2020/21 due to the restrictions associated with COVID-19. The ADP sits on the Public Protection



Committee and recently took part in the Children Services inspection and the Self- Evaluation of Adult Services.

Thank you for completing the recent Scottish Government ADP Pathways Survey, which gathered data for 2019/20. The following questions look to gather the same data for 2020/21.

3.8 Were there pathways for people to access residential rehabilitation in your area in 2020/21?

Yes

No

Please give details below (including referral and assessment process, and a breakdown between alcohol and drugs referrals) (max 300 words)

[Click or tap here to enter text.](#)

Protocol for Referral to Residential Rehabilitation for Alcohol and / or Drugs

Rehabilitation is suitable for:

- Adults age 18 -65 years
- Male or female (some areas offer single sex treatments)

Criteria:

- substance free for at least two months prior to placement and some evidence to support that this is the case. Self-reporting is not enough. Evidence of BAC or drug screens should be included.
- Engaged with local services for alcohol or drugs i.e. Relationships Scotland Orkney, Women's Aid Orkney, Alcoholics Anonymous, SMART Recovery and have attended at least one appointment with each in the previous two months. Feedback from these other services is also useful in making an assessment.
- Suitable for one-to-one counselling.
- Suitable for groupwork
- Recognise a need to change lifestyle
- Able to commit to a minimum period of 4 weeks outside of Orkney.
- Have a home (suitable accommodation) to return to at any time
- Able to live in a group environment and prepared to abide by house rules.
- Have identified Goals to be achieved through Rehabilitation.

Must be engaged with current Service provision.

- attend appointments on time
- attend all appointments as arranged or cancel and rearrange.
- attend appointments substance free.

Have an assessment completed by a member of the CMHT in relation to substance misuse

Rehabilitation is not suitable for :

- those who are not currently engaged with any local Service in relation to substance misuse
- those who do not see abstinence as an option



- those who have active symptoms of Mental Illness eg. severe depression or Psychosis
- those who are actively suicidal
- those who have severe impairments that limit learning capability eg Korsakoffs

3.9 How many people started a residential rehab placement during 2020/21? (if possible, please provide a gender breakdown)

One



People with lived and living experience will be involved in service design, development and delivery

3.10 Please indicate which of the following approaches services used to involve lived / living experience / family members (*mark all that apply*).

For people with lived experience:

- | | | |
|--------------------------------------|-------------------------------------|-----------------------------|
| Feedback/ complaints process | <input checked="" type="checkbox"/> | |
| Questionnaires/ surveys | <input checked="" type="checkbox"/> | |
| Focus groups / panels | <input checked="" type="checkbox"/> | |
| Lived/living experience group/ forum | <input checked="" type="checkbox"/> | |
| Board Representation within services | <input checked="" type="checkbox"/> | |
| Board Representation at ADP | <input type="checkbox"/> | |
| Other | <input type="checkbox"/> | Please provide details..... |

Please provide additional information (optional)

Currently there is no service user representation on our ADP Strategy Group at quarterly meetings however there are other opportunities for people with lived and living experience to engage in policy, strategy development and service provision. A lived and living experience panel provided via the voluntary sector exists however has been impacted by COVID-19 preventing the group from functioning as face-to-face meet. Ongoing efforts to establish a panel and recovery community continue. A proposed Needs Assessment due in Autumn 2021 will involve lived and living experience in gathering data on current service provision and gap analysis.

For family members:

- | | | |
|--------------------------------------|-------------------------------------|-----------------------------|
| Feedback/ complaints process | <input checked="" type="checkbox"/> | |
| Questionnaires/ surveys | <input checked="" type="checkbox"/> | |
| Focus groups / panels | <input checked="" type="checkbox"/> | |
| Lived/living experience group/ forum | <input checked="" type="checkbox"/> | |
| Board Representation within services | <input checked="" type="checkbox"/> | |
| Board Representation at ADP | <input type="checkbox"/> | |
| Other | <input type="checkbox"/> | Please provide details..... |

Please provide additional information (optional)

The ADP commissions a third sector service, Relationships Scotland Orkney, who provide a range of support for families, including the CRAFT model. A new service operating locally, 'Action For Children' charity following successful funding application from Partnership Drugs Initiative provides an additional service supporting local families who may be affected by alcohol and / or drugs. Orkney ADP welcomes the Whole Family Approach Framework and participated in the recent consultation.

3.11 Had the involvement of people with lived/ living experience, including that of family members, changed over the course of the 2020/21 financial year?

- | | |
|-----------------|-------------------------------------|
| Improved | <input type="checkbox"/> |
| Stayed the same | <input checked="" type="checkbox"/> |
| Scaled back | <input type="checkbox"/> |



No longer in place

Please give details of any changes (max 300 words)

As part of ADP commissioned services Service Level Agreement, each service must demonstrate through their accountability report how they involve service users and their family providing evidence of how feedback might influence changes to service delivery for example. With many services operating via virtual means as a result of COVID-19 there was potentially less opportunities for service user feedback. A planned Needs Assessment for Autumn 2021 will focus on obtaining lived and living experience and will follow models of good practice from the recently published 'Ask the Family' report.

3.12 Did services offer specific volunteering and employment opportunities for people with lived/living experience in the delivery of alcohol and drug services?

Yes

No

Please give details below (max 300 words)

Adult Counselling Service: Owing to the specialist nature of the counselling services provided in 2020-21, we have not engaged volunteers or employed staff with lived/living experience in the delivery of these services. We do, however, have former clients who volunteer as Board members. Covid-19 has impacted on the opportunities for volunteering placements however all services do ask and consider opportunities for volunteering and transitional employment places for clients.

People access interventions to reduce drug related harm

3.13 Which of these settings offered the following to the public during 2020/21? (mark all that apply)

Setting:	Supply Naloxone	Hep C Testing	IEP Provision	Wound care
Drug services Council	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drug Services NHS	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Drug services 3rd Sector	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Homelessness services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Peer-led initiatives	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Community pharmacies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
GPs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A&E Departments	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Women's support services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Family support services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental health services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Justice services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Mobile / outreach services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other ... (please detail)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Injecting Equipment Provision Service integrated within local Sexual Health Clinic				

A person-centred approach is developed

3.14 To what extent were Recovery Oriented Systems of Care (ROSC) embedded across services within the ADP area? ROSC is centred around recognising the needs of an individual's unique path to recovery. This places the focus on autonomy, choice and responsibility when considering treatment.

- Fully embedded
Partially embedded
Not embedded

Please provide details (max 300 words)

All services commissioned by the ADP must adhere to the requirements of their Service Level Agreement which states that all individuals are to have person-centred recovery plans – this is evidence via the services accountability reports and on-site visits. Plans demonstrate that individuals are actively involved in setting and reviewing their own plans and that they meet the unique needs of everyone holistically. Each service uses a Recovery Outcome measurement tool to monitor and track progress.

3.15 Are there protocols in place between alcohol and drug services and mental health services to provide joined up support for people who experience these concurrent problems (dual diagnosis)?

- Yes
No

Please provide details (max 300 words)

Our Tier 3 Drug and Alcohol Team are integrated within the Community Mental Health Team with a dedicated Dual Diagnosis Community Psychiatric Nurse employed as part of the team.

Is staff training provided (dual diagnosis)?

- Yes
No

Please provide details (max 300 words)

Have mental health services requested Naloxone following updated guidelines from the Lord Advocate?

- Yes
No

Please provide details (max 300 words)

Our CPNs and Support Workers as part of the mental health service are all trained to provide Take Home Naloxone.

The recovery community achieves its potential



3.16 Were there active recovery communities in your area during the year 2020/21?

- Yes
No

3.17 Did the ADP undertake any activities to support the development, growth or expansion of a recovery community in your area?

- Yes
No

3.18 Please provide a short description of the recovery communities in your area during the year 2020/21 and how they have been supported (max 300 words)

There are no dedicated recovery communities currently set up in Orkney however the ADP has discussed a number of proposals following investigative work undertaken by the ADP Support Team, this has included looking into the options provided in other areas of similar geography and population (Shetland and Western Isles). In the interim, there is an online recovery community that meet weekly, jointly with Western Isles. Progress towards a recovery community or follow-on service continues that will meet the needs of our local population and situation.

A trauma-informed approach is developed

3.19 During 2020/21 have services adopted a [trauma-informed approach](#)?

- All services
The majority of services
Some services
No services

Please provide a summary of progress (max 300 words)

All services are trauma informed and the ADP continue to offer training and education in this area to ensure refreshers are provided for existing and new staff members. Within NHS Orkney's Community Mental Health Team a 'Transforming Psychological Trauma Implementation Co-ordinator' is actively working to provide training and support services to be trauma-informed. Progress is monitored through the commissioned services accountability reports. NHS Orkney, Orkney Islands Council and Orkney Integration Joint Board have all signed 'The Trauma Informed Pledge' demonstrating their ongoing commitment to embedding trauma informed principles and practice across the workforce and services provided.

An intelligence-led approach future-proofs delivery

3.30 Which groups or structures were in place to inform surveillance and monitoring of alcohol and drug harms or deaths? (mark all that apply)

- Alcohol harms group
Alcohol death audits (work being supported by AFS)
Drug death review group
Drug trend monitoring group
Other Please provide details.....



3.21 Please provide a summary of arrangements which were in place to carry out reviews on alcohol related deaths and how lessons learned are built into practice. If none, please detail why (max 300 words)

A local working group has been identified in preparation to undertake reviews of alcohol deaths in line with the guidance published by Alcohol Focus Scotland (AFS). As an interim support measure, island ADP Co-ordinators had been meeting with the Policy & Development Co-ordinator from AFS to support local roll out however the individual occupying that post has now left AFS and there has been no further work progressed.

3.22 Please provide a summary of arrangements which were in place to carry out reviews on drug related deaths and how lessons learned are built into practice (max 300 words)

There is a dedicated local Drug Related Death Group (multiagency) who meet at minimum twice per year if there are no deaths and as required following local deaths within the community. There are very low numbers of drug related deaths in Orkney, and the number can vary from year upon year so no distinct trend. There is a protocol in place for the group to review deaths with relevant recommendations and learning points to be shared with the appropriately identified committees.



4. Getting it Right for Children, Young People and Families

4.1 Did you have specific treatment and support services for children and young people (under the age of 25) with alcohol and/or drugs problems?

Yes

No

Please give details (E.g. type of support offered and target age groups)

Orkney ADP commissioned specifically for a children and young persons service which is currently being delivered by Y People for the second of a three year contract. The service offers a range of therapeutic treatments including: play therapy, sand therapy, psychodynamic and therapeutic support for young people up to the age of 25. Sessions can be delivered face-to-face or virtually depending on the preference of the young person, there is an option for parents/carers and / or family members to be involved if desired by the young person. All young people who engage with the service have a risk assessment undertaken and an agreed recovery plan in place which they are active in setting goals. During the 2020/21 period a total of 39 new referrals (19 carried over from the previous year) were made to the service with 422 counselling sessions arranged and 344 delivered. The numbers show a small decrease from the previous year (4 less referrals). Progress is monitored through YP Core and Core 10 to monitor individual outcomes. Whilst not commissioned by the ADP, Y People Orkney also delivers the supported accommodation facility for young people so there is a positive access route for supporting our most vulnerable young people in the community.

4.2 Did you have specific treatment and support services for children and young people (under the age of 25) affected by alcohol and/or drug problems of a parent / carer or other adult?

Yes

No

Please give details (E.g. type of support offered and target age groups)

During the 2020/21 period, Orkney ADP commissioned the delivery of the Community Reinforcement and Family Training (CRAFT) project which aims to support children and family members of young people affected by alcohol and / or drug use. All those engaged with the service have their own unique person-centred recovery plan which can be adapted to meet the needs of the individual and is reviewed on a weekly basis.

4.3 Does the ADP feed into/ contribute toward the integrated children's service plan?

Yes

No

Please provide details on how priorities are reflected in children's service planning e.g. collaborating with the children's partnership or the child protection committee? (max 300 words)

There are specific priorities within the Children Service's Plan that the ADP contributes to including prevention and education work. The ADP is represented on the Orkney Public Protection Committee (includes child protection) via the ADP Co-ordinator who attends the quarterly meetings and the annual development day. Additionally, the ADP is represented on the Child Protection Training Sub Group to ensure that components relating to familial alcohol and drug use are covered through the local Child Protection Training programme and any relevant local communications work.



4.4 Did services for children and young people, with alcohol and/or drugs problems, change in the 2020/21 financial year?

- Improved
Stayed the same
Scaled back
No longer in place

Please provide additional information (max 300 words)

The services commissioned by the ADP are within a current three year cycle so have remained the same however as the ADP had accrued a small underspend from travel and training budget due to Covid-19 the underspend was equally shared between adults and young people's services to enhance the services and provide them with additional capacity at a time where resources were under pressure.

4.5 Did services for children and young people, affected by alcohol and/or drug problems of a parent / carer or other adult, change in the 2020/21 financial year?

- Improved
Stayed the same
Scaled back
No longer in place

Please provide additional information (max 300 words)

As above.

4.6 Did the ADP have specific support services for adult family members?

- Yes
No

Please provide details (max 300 words)

Adult family members could access support through our commissioned adult counselling services or via the aforementioned CRAFT project.

4.7 Did services for adult family members change in the 2020/21 financial year?

- Improved
Stayed the same
Scaled back
No longer in place

Please provide additional information (max 300 words)

[Click or tap here to enter text.](#)



4.8 Did the ADP area provide any of the following adult services to support family-inclusive practice?
(mark all that apply)

Services:	Family member in treatment	Family member not in treatment
Advice	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Mutual aid	<input type="checkbox"/>	<input type="checkbox"/>
Mentoring	<input type="checkbox"/>	<input type="checkbox"/>
Social Activities	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Personal Development	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Advocacy	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Support for victims of gender based violence	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Other (Please detail below)	<input type="checkbox"/>	<input type="checkbox"/>

Please provide additional information (max 300 words)

Orkney ADP commission Relationships Scotland Orkney to deliver CRAFT and adult and family counselling. In addition to specialist work, Family Support Workers continue to provide a range of support to individuals and families including mentoring and personal development, practical tools and coping strategies. A total of 14 alcohol and drug cases were opened during this reporting period, resulting in 111 sessions being offered and 83 attended. At intake, 76% of clients presented with at least one risk factor (63% mental health concerns, 17% domestic abuse, 23% risk of suicide), 7% alcohol and 2% drugs, 1.5% with other addictions. We involve clients, and their loved ones where appropriate, in working out what is appropriate for them at any given time, and supporting them to make positive choices. We have CRAFT practitioners specifically trained to work with and involve family members in supporting recovery, where appropriate.



5. A Public Health Approach to Justice

5.1 If you have a prison in your area, were arrangements in place and executed to ensure prisoners who are identified as at risk left prison with naloxone?

- Yes
No
No prison in ADP area

Please provide details on how effective the arrangements were in making this happen (max 300 words)

Despite there not being a prison in the ADP area, our local Criminal Justice Service works proactively to support individuals upon release of prison to provide them with quick access to the drug and alcohol treatment service and for the provision of Take Home Naloxone if appropriate as well as Injecting Equipment Provision Service.

5.2 Has the ADP worked with community justice partners in the following ways? *(mark all that apply)*

- Information sharing
Providing advice/ guidance
Coordinating activities
Joint funding of activities
Upon release, is access available to non-fatal overdose pathways?
Other Please provide details

Please provide details (max 300 words)

The ADP Co-ordinator is a member of the Community Justice Partnership who attends the local meetings, contributes to the discussions and the local plans and reports. A joint exercise has been undertaken between CJP and the ADP around service provision and producing a services directory, available to download and print from the website. Consideration is being given to a downloadable app with local and national services.

5.3 Has the ADP contributed toward community justice strategic plans (E.g. diversion from justice) in the following ways? *(mark all that apply)*

- Information sharing
Providing advice/ guidance
Coordinating activities
Joint funding of activities
Other Please provide details

Please provide details (max 300 words)

Orkney ADP has contributed to the Orkney Community Justice Improvement Plan which can be found at:



<https://www.orkneycommunities.co.uk/COMMUNITYPLANNING/index.asp?pageid=658992>. OADP also contributes to the Annual Report Return for the Community Justice Partnership.

5.4 What pathways, protocols and arrangements were in place for individuals with alcohol and drug treatment needs at the following points in the criminal justice pathway? Please also include any support for families. (max 600 words)

a) Upon arrest

All individuals who enter local custody settings are offered an Alcohol Brief Intervention to assess their drinking levels. A handout of local and national support services and helplines is also given in a paper format for people to take away with them if desired. In some occasions where there is concern for the individual's wellbeing an entry would be made on the Vulnerable Person's Database for consideration by the concern hub and appropriate sharing thereafter. Please provide details on what was in place and how well this was executed.....

b) Upon release from prison

The Criminal Justice Service in Orkney would only have contact with those subject to statutory licence and referral would be made by the allocated supervising officer to alcohol/ drug service if required. Again if the individual is known to criminal justice a pre-release Integrated Case Management conference is held 4 months prior to release for the purpose of identifying outstanding needs such as substance use and referrals are placed accordingly to maintain continuity of treatment/support. However, the team are not involved in cases where a short-term sentence has been served and the individual is not known to justice services. For those without statutory licence, it is relied upon Scottish Prison Service to contact our local alcohol and drug treatment service prior to release to provide referral into local services. Due to the small numbers and the nature of the community this usually is managed well however there can be difficulties with prisoners being placed at a range of prisons across Scotland and each prison operating slightly differently.



6. Equalities

Please give details of any specific services or interventions which were undertaken during 2020/21 to support the following equalities groups:

6.1 Older people *(please note that C&YP is asked separately in section 4 above)*

Orkney ADP continues to promote the Older Adults and Alcohol information booklet that was previously commissioned and locally made to support older adults and carers. Whilst delivering interventions and promotional campaigns such as the Scottish Government's Count 14 Campaign, targeted audience's of older males through initiatives such as 'The Men's Shed'.

6.2 People with physical disabilities

Our Substance Misuse Development Officer contributes to an education programme at the Orkney College aimed at students with additional needs due to physical disabilities, sensory impairments and learning difficulties. The programme is designed to support individuals for independent living covering topics around looking after your health and personal safety.

6.3 People with sensory impairments

Our Substance Misuse Development Officer contributes to an education programme at the Orkney College aimed at students with additional needs due to physical disabilities, sensory impairments and learning difficulties. The programme is designed to support individuals for independent living covering topics around looking after your health and personal safety.

6.4 People with learning difficulties / cognitive impairments.

Our Substance Misuse Development Officer contributes to an education programme at the Orkney College aimed at students with additional needs due to physical disabilities, sensory impairments and learning difficulties. The programme is designed to support individuals for independent living covering topics around looking after your health and personal safety.

6.5 LGBTQ+ communities

Whilst not directly commissioned by the Orkney ADP, the Orkney Youth Cafe has been pivotal in providing a venue and supporting the set up of a young person's LGBTQ+ group in Orkney which has been very successful in engaging with young people who can often feel marginalised and vulnerable in a small close-knit community. OADP frequently visit the cafe to deliver bespoke training and information sessions. ADP Support staff have signed up to the NHS Pride Badge Pledge to demonstrate support for the LGBT+ and minority ethnic communities. Education and information is regularly shared but particularly marked around National Pride Month.

6.6 Minority ethnic communities

A number of our services now offer information in translated formats or can provide a translator to encourage access and quality of service provision.

6.7 Religious communities

Orkney ADP Support Team continues to deliver annual drug and alcohol training to the Orkney Street Pastors Group who provides support on the streets at the weekends. Whilst the initiative is not religious based the volunteer pastors are made up from across the religious denominations in Orkney.



6.8 Women and girls (including pregnancy and maternity)

The OADP is a member of the Domestic Abuse Forum and contributes to the quarterly meetings as well as the Domestic Abuse (incorporating violence against women) action plan. The ADP have supported the co-ordination and set up of a Women's only mutual aid peer group (SMART Recovery) facilitated by Women's Aid Orkney. Following a successful application to the programme for funding, a Foetal Alcohol Spectrum Disorder Group has been formed, overseen by the ADP. The group is focusing on developing a pathway for neurodevelopmental screening, support for families and professionals as well as training and preventative work, this includes support and delivery within maternity and health visiting services.

II. FINANCIAL FRAMEWORK 2020/21

Your report should identify all sources of income (excluding Programme for Government funding) that the ADP has received, alongside the funding that you have spent to deliver the priorities set out in your local plan. It would be helpful to distinguish appropriately between your own core income and contributions from other ADP Partners. It is helpful to see the expenditure on alcohol and drug prevention, treatment & recovery support services as well as dealing with the consequences of problem alcohol and drug use in your locality. You should also highlight any underspend and proposals on future use of any such monies.

A) Total Income from all sources

Funding Source (If a breakdown is not possible please show as a total)	£
Scottish Government funding via NHS Board baseline allocation to Integration Authority	448,396
2020/21 Programme for Government Funding	82,380
Additional funding from Integration Authority	0
Funding from Local Authority	0
Funding from NHS Board	0
Total funding from other sources not detailed above	0
Carry forwards	0
Other	0
Total	530,878

B) Total Expenditure from sources

	£
Prevention including educational inputs, licensing objectives, Alcohol Brief Interventions)	37,755
Community based treatment and recovery services for adults	232,709
Inpatient detox services (included in above line)	0
Residential rehabilitation services	0
Recovery community initiatives	10,478
Advocacy Services	0
Services for families affected by alcohol and drug use	34,078
Alcohol and drug services specifically for children and young people	44,280
Community treatment and support services specifically for people in the justice system	0
Other	89,198
Total	448,498



7.1 Are all investments against the following streams agreed in partnership through ADPs with approval from IJBs? *(please refer to your funding letter dated 29th May 2020)*

- Scottish Government funding via NHS Board baseline allocation to Integration Authority
- 2020/21 Programme for Government Funding

Yes

No

Please provide details (max 300 words)

The ADP Chair is also the Chief Officer of the Integration Joint Board (IJB) and the Chief Finance Officer of the IJB sits on the ADP Strategy Group this ensures that the budget, monitoring and accountability of the ADP is fed into the IJB for approval.

7.2 Are all investments in alcohol and drug services (as summarised in Table A) invested in partnership through ADPs with approval from IJBs/ Children's Partnership / Community Justice Partnerships as required?

Yes

No

Please provide details (max 300 words)

All investments made by the ADP are undertaken following NHS Orkney's procurement processes by the ADP Commissioning Group. Both the IJB Chief Officer and the IJB Chief Finance Officer are members of this group. There were plans to follow a joint commissioning approach with the IJB in the future but this is still in development.