



**ORKNEY**  
ISLANDS COUNCIL

sportscotland

**activeschools**

ORKNEY



# Annual Report

2020 - 2021

**sportscotland**  
the national agency for sport

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# Introduction

Active Schools is a national network of staff working across Scotland to provide more, and higher quality opportunities for children and young people to participate in sport before, during and after school. Active Schools is a partnership programme between Local Authorities/Scottish Government and **sportscotland**.



## Curriculum for Excellence

With health and wellbeing at the heart of Curriculum for Excellence (CfE) and cited as the responsibility of all, it is now more important than ever for teachers and partner agencies to be looking at how they can work in partnership to teach this curriculum area effectively.

The Active Schools Network was established in 2004 and is now present in every local authority with a vision of getting 'more children, more active, more often'. It is well placed to support schools in their delivery of health and wellbeing - in particular, the physical education, physical activity and sport organiser - by supporting cross-curricular work, increasing interdisciplinary learning, extra-curricular opportunities and encouraging outdoor learning.

Active Schools Coordinators across the country are currently supporting schools in all of these areas - and lots more besides - in order to provide pupils with the motivation and opportunities to adopt active, healthy lifestyles, now and into adulthood.

A key part of the Active Schools programme involves recruiting volunteers to assist with extra-curricular sports activities to make these sustainable. These volunteers can be teachers, community coaches, secondary school pupils and college/university students, but in Orkney the majority tend to be parents.



# Manager's Report

2020/21 was certainly a challenging year in ways none of us could have predicted.

The COVID-19 pandemic resulted in long periods of lockdowns and stringent restrictions being placed on our way of life. It was however, heartening to see how different agencies, communities and individuals came together to help people in our community in a range of different ways with physical and mental wellbeing one of them.

As a result of the flexible approach taken by sportscotland, Orkneys Active Schools Team was able to take a responsive approach in providing support to our communities working with schools, childcare clubs and providing online activities to help children, young people and their families maintain their physical and mental wellbeing.

This report illustrates how Orkneys Active Schools team responded to the COVID-19 crisis, meeting local need in the face of a public health emergency. Also demonstrated are the strong partnerships our Active Schools team has with our schools, community groups and sports clubs.

While I of course look forward to strengthening our existing partnerships in the coming years, I am also excited about developing new ones across sport and public health.

Yours sincerely

**Garry Burton**  
Leisure and Culture  
Service Manager  
Orkney Islands Council

## Active Schools Team

Orkney Active Schools consists of a Service Manager, Team leader and 1 full time and 3 part-time Coordinators. Each Coordinator is allocated a cluster of schools which they work in partnership to increase physical activity amongst the pupils. Listed below are the clusters for each Coordinator:

Leisure and Culture Service Manager

**Garry Burton**

Sport & Leisure Team Leader

**Katell Roche**

**Active Schools Coordinators:**

Stromness Academy, Stromness Primary School, Dounby Primary School,  
Stenness Primary School, Firth Primary School, Evie Primary School

**Michael Swanney**

Hope Primary School, Burray Primary School, St Andrews Primary School,  
Sanday Junior High School, Stronsay Junior High School, Westray Junior High School

**Catherine Johnson**

North Walls Community School, Eday Primary School, Papa Westray  
Primary School, Shapinsay Primary School, Rousay Primary School

**Kirsty Spence**

Kirkwall Grammar School, Papdale Primary School,  
Glaitness Primary School, Orphir Primary School

**Carolynn Leslie**

*"As the newly appointed Team Leader for Sport & Leisure, I look forward to working closely with the Active Schools team and its partners. With the continued effects of COVID-19 this last year, the Active Schools team's commitment to support our community, schools and clubs can be seen throughout this report. Their positive impact in our community is detailed within and I'm sure that they will continue to have the same impact in the coming year."*

**Katell Roche**  
Sport & Leisure  
Team Leader

# Sport for Life

## – sportscotland Corporate Strategy

### Coronavirus (COVID-19) short term action plan 2020-21

One of the principles in Sport For Life is to be responsive. We will continue to adapt what we do based on what is happening around us. With this context in mind we have put our 2019-21 business plan to one side and developed a short term action plan to respond to the Coronavirus (COVID-19) crisis.

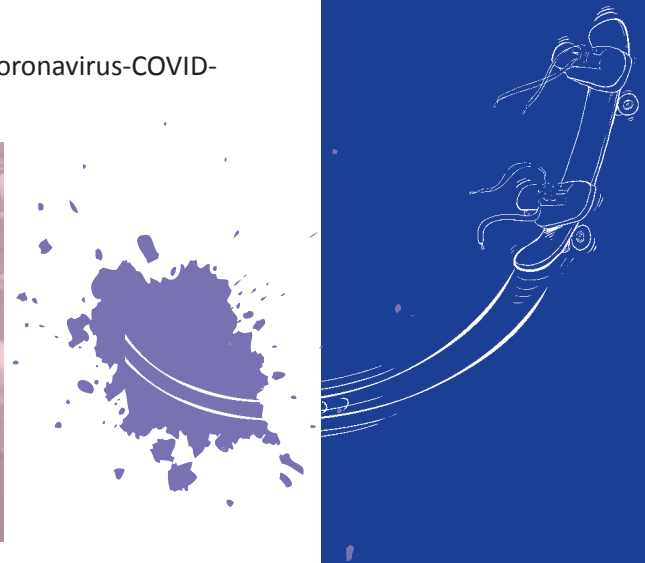
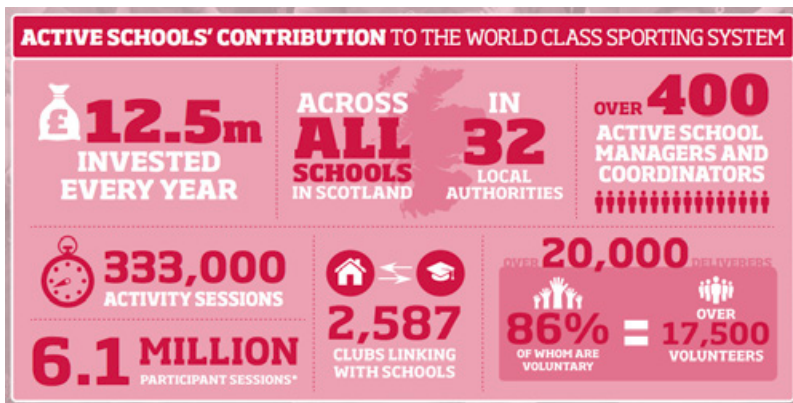
The short term action plan will drive our work during the second half of 2019-20 and shape our business planning beyond that. For several years we have referred to our business plan as 'dynamic', meaning that it can change to reflect our current focus and

activities. It has never been more important that we stick to this principle. In line with our dynamic business planning approach, we will continue to review and develop our short term action plan regularly.

<https://sportscotland.org.uk/about-us/sport-for-life/>

Coronavirus (COVID-19) short term action plan 2020-21

<https://sportscotland.org.uk/about-us/what-we-do/publications/coronavirus-COVID-19-short-term-action-plan-2020-21/>



### BUILDING A WORLD CLASS SPORTING SYSTEM FOR EVERYONE IN SCOTLAND

#### ACTIVE SCHOOLS PRIORITIES

<p><b>PEOPLE</b></p> <ul style="list-style-type: none"> <li>Grow and develop a network of people to deliver opportunities within schools ensuring they have the confidence, skills and knowledge to deliver quality sporting opportunities.</li> <li>Recruit, retain and develop volunteers to deliver opportunities in schools.</li> </ul>	<p><b>PARTICIPATION</b></p> <ul style="list-style-type: none"> <li>Increase the number and diversity of children and young people participating in Active Schools activities.</li> <li>Provide more and higher quality opportunities to participate in sport in schools (before school, during lunchtime and after school).</li> <li>Engage with children and young people who may experience barriers to participation to support their inclusion in activity.</li> <li>Support and develop effective pathways between schools and clubs to improve the transition of children and young people from schools to clubs.</li> </ul>
<p><b>PROFILE</b></p> <ul style="list-style-type: none"> <li>Share and promote opportunities to participate, lead and volunteer in sport.</li> <li>Raise awareness and understanding of Active Schools and impact amongst key stakeholders and the wider community.</li> </ul>	

## Participation

In a non-pandemic year Active Schools Coordinators would complete **sportscotland's** on-line monitoring (ASMO). This is a robust monitoring system which; gathers, analyses and presents data that looks at participation within extra-curricular activities. Due to the uncertainty of what schools would be allowed to do during 2021 **sportscotland** took the decision to postpone the collection of data until such time when extra-curricular activities were deemed to be safe to restart.

## A Different Year for Active Schools working in a Pandemic

With COVID-19 restrictions in place during the academic year of 2020-21, no afterschool activities could take place and there were restricted visitors to schools. This meant the Active Schools Coordinators needed to take an alternative approach to getting children active.

Active Schools offered help and support to schools during curriculum time which came in various forms. The team came up with a proposal which they called the "Orkney Offer" this was a list of areas where the Coordinators could support schools in maintaining pupil's activity levels. This includes support that Active Schools wouldn't normally cover in a normal academic year, such as assisting with sanitising equipment between PE lessons. There will be a variety of activities throughout this report that the Coordinators have been involved in to help support the return to activity in schools.

## Games and Activities in Schools

The impact of lockdown was evident on some children as they returned to school in the new academic year. The Active Schools team supported St Andrews Primary School and Dounby Community School by delivering a variety of fun games to pupils. At Dounby these sessions were delivered to 3 primary classes with the emphasis on having fun whilst being outside. At St Andrews the emphasis for primary 3 & 4 pupils was to reconnect, to settle back in and have a positive, fun experience during curriculum time. All sessions adhered to the strict COVID-19 guidelines that were in place at that time.



Dounby Community School pupils enjoying Active Schools games.



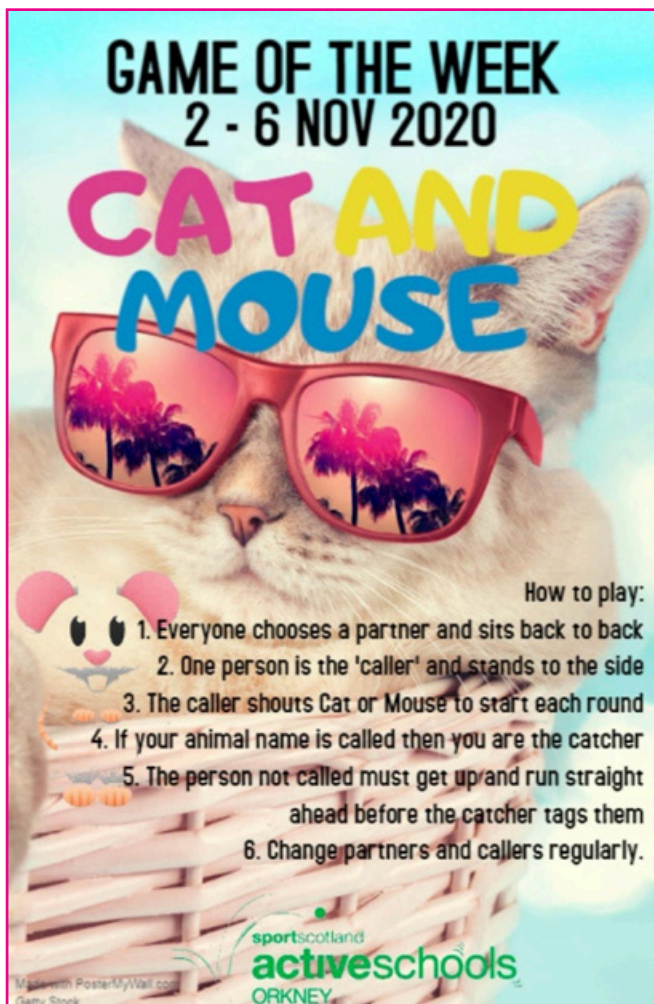
## Game of the Week

Due to COVID-19 restrictions, schools were required to allocate zones in the playground for individual classes. In addition, the requirement to use reduced equipment meant that pupils were struggling to find fun and inclusive games to play during breaktime; occasionally resulting in conflict.

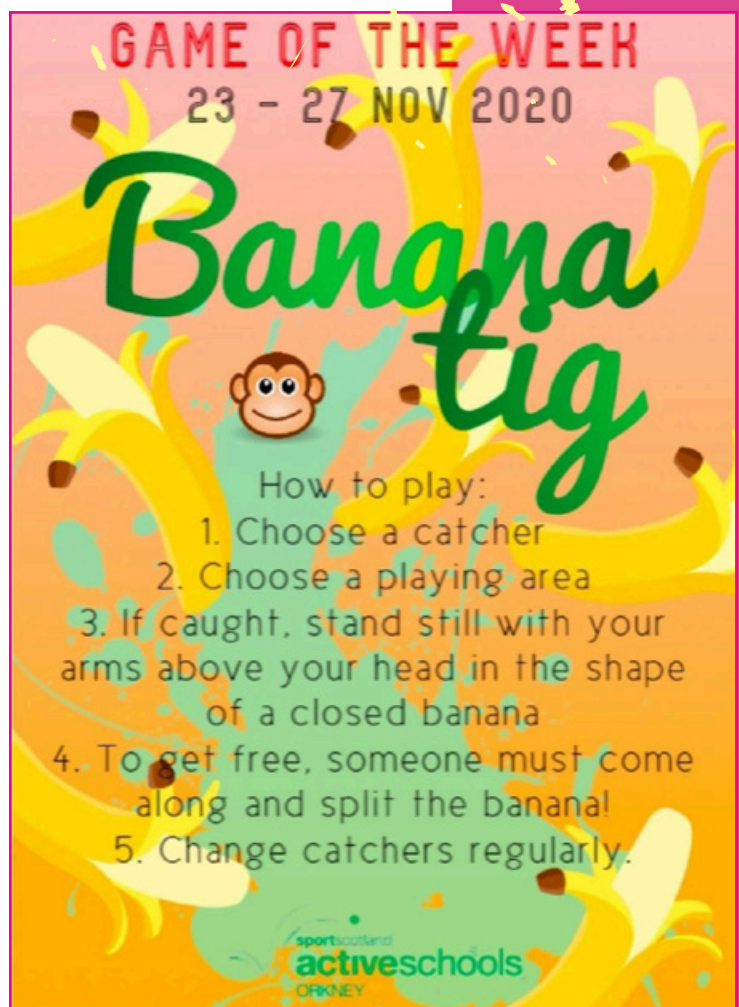
Glaitness Primary School approached Active Schools for help to with the situation the school found itself in. Active Schools put together a bank of games, which would allow the children to learn new and different games to play during breaktimes to help alleviate the problem.

School staff were encouraged to teach the pupils the games, with the help of the resources provided by Active Schools. The games resource was shared with all schools in Orkney, so they could share them with their pupils so they could play fun and simple games, at breaktime and lunchtime.

'Game of the Week' was also promoted on social media and emailed to parents, to allow pupils to stay active at home. Weekly posters were shared with schools so they could display them for the children to see around the school.



Game of the Week posters that were displayed in the school and on social media.



## Positive Coaching Scotland / Playground Games P2-4

Active Schools also supported pupils in Primary 2, 3 and 4 at Glaitness Primary School with play in the playground. Pupils benefitted from Positive Coaching Scotland (PCS) sessions in the classroom, before putting learning into practice in the playground.

The classroom sessions focused on discussing rules, being kind and including everyone, when taking part in physical activity and sport. Pupils drew colourful posters for their classrooms, to remind them of what they had learnt.

Pupils showed great enthusiasm, while playing games and demonstrated inclusive, fair, and fun play, during the outdoor sessions.



Glaitness Primary pupils learning new games to play in the playground.

## Physical Education Support

Active Schools' Coordinator work with the Stromness Academy Physical Education (PE) department when the school returned after the summer break. COVID-19 guidelines for the return of PE meant lessons had to take place outside and no sharing of equipment was allowed between class groups. The PE department at Stromness were delivering 7 back-to-back lessons on a Thursday which posed problems for the staff due to time restrictions between lessons. This is where their Coordinator stepped in to provide an extra pair of hands to help with; setting up lessons and sanitising the equipment between sessions, this allowed the day to run smoothly and problem free.

*"It was great to have the support of active schools, during term 1. During COVID our P.E had to be outside and we were very restricted with equipment rotation and finding safe spaces to complete our P.E. Active Schools helped us to provide a safe and meaningful experience of P.E during a difficult time".* Principal Teacher of PE Stromness Academy



Stromness Academy PE taking place outside.



## Young Leaders Award

Active Schools Young leaders is a local award which is aimed at Primary 6 and 7 pupils. The pupils work through different leadership themes over 6 - 7 weeks. They learn about different leadership qualities and how to implement them whilst planning and delivering a session. As well as looking at qualities, they also work through the STEP - (Space, Task, Equipment and People) principles which enables them to understand how changing certain aspects of a session helps adjust the activities to make them easier or harder. All pupils plan and develop a session where they work as part of a small team to deliver activities to younger pupils in their school.

YOUNG LEADERS 2020-21	
Primary School	No of pupils
St Andrews Primary School	45
North Walls Community School	5
Sanday Junior High School	10
Shapinsay Primary School	8
<b>TOTAL</b>	<b>68 pupils</b>



St Andrews Primary School pupils delivering a session to lower primary pupils.



Sanday Junior High School pupils explaining an activity to their peers.



Pupils from North Walls Primary School delivering activities to lower primary pupils.







Shapinsay Primary Pupils delivering activities to their peers.

## Orienteering

Due to COVID-19 restrictions, sport and physical activity were limited in schools, the types of activities were restricted with outdoor activities being regarded as the safest and best option. Staff at Glaitness Primary school asked if Active Schools could help with new ideas for pupils to take part in which adhered to the guidelines schools had been given.

Orienteering was identified as a safe, challenging, an academic sport to engage pupils, Active Schools organised and delivered various activities and courses over 5 weeks. Participants progressed quickly from playground games, map orientation and group work, to attempting courses in pairs and individually.

Muddisdale was used as a venue, to develop cognitive and mental processes, whilst exploring the outdoors. Pupils expressed their delight in trying a new sport and stated that it was their favourite activity at school, all year!



Glaitness Primary Pupils and their teachers at Muddisdale Woods for an orienteering session.



*“Pupils were completely buzzing when they got back from Orienteering. They hadn’t been enthused about anything this much all term. The orienteering sessions became part of an application for the ‘John Muir Award. Thank you for supporting the class in the exploration element of this process.” – Glaitness Primary School Teacher, Mrs Towesy*



## Competition Organiser Training (COT)

Throughout the academic year, external organisations and volunteers are invited to deliver a range of activities at Glaitness Primary School as part of their Community Group programme. The Community Groups provide pupils with a variety of opportunities to learn new skills, in a fun and safe environment.

Six pupils requested Sports Leadership, to benefit their classmates at playtime and lunchtimes. The school identified a need for the course to have a specific focus around competition therefore, **sportscotland's** 'Competition Organiser Training' was delivered.

Pupils gained knowledge in how to identify a successful competition and received tools, to assist leaders, to adapt sessions when required. Additionally, pupils learnt about competition formats, roles and responsibilities of deliverers.

Previously, the course has only been delivered in Secondary Schools across Orkney however, Glaitness pupils showed maturity and enthusiasm towards the subject and excelled throughout. At the end of the block, the new Sports Leaders, planned and delivered a fun and exciting competition to their classmates.

## Young Ambassadors (Virtual Meetings/Training and Social Media)

The Young Ambassador (YA) programme runs annually, identifying two stand out candidates from each secondary school, in Orkney. The initiative contributes to developing young people as leaders in sport, while making meaningful contributions in their school and local community.

The programme required adapting throughout the academic year, due to restrictions however, pupils benefitted from virtual meetings and training opportunities.

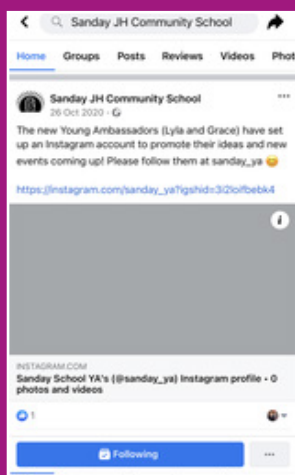
The YA's successfully developed their knowledge regarding promotion, which made a noticeable contribution to social media platforms and school notice boards.

As sport and activities returned to schools the YA's got back to doing what they do best, promoting and supporting the delivery of sport in schools any way they can.

Each year there is are Young Ambassadors from all over Scotland that are invited to be part of a delivery team that welcomes the new intake of pupils onto the programme. This year saw a different style of conference as due to the pandemic it had to take place online.

Kirkwall Grammar School Young Ambassador, Megan Clouston was invited to be part of this year's delivery team and attended several online meetings to plan and prepare for this.

Megan also featured on **sportscotland's** sport hour where she talked about her experience as a Young Ambassador and the opportunities, she has had due to being part of the programme.



Young Ambassador social media posts



Young Ambassador with the Westray YA noticeboard



Megan Clouston features on **sportscotland's** Sport Hour

# Bikeability Scotland



Due to the pandemic numerous schools were unable to deliver **Bikeability** to their pupils during the 2020-21 academic year. This caused a backlog of pupils who hadn't received the opportunity to complete the training. Active Schools Coordinators in partnership with the Road Safety Officer, Yvonne Scott and volunteer helper Alex Clark stepped in to offer their help and support to enable P7 pupils to go through the training and help increase their understanding and awareness of cycling safely on the road.

Schools that received **Bikeability** Training during the 2020-21 academic year:

School	Number of pupils receiving Bikeability Level 1	Number of pupils receiving Bikeability Level 2
Burray Primary School	15	8
Dounby Community School		24
Evie Primary School		9
Glaitness Primary School		15
North Walls Community School		6
Papa Westray Community School		2
Papdale Primary School		64
Rousay Primary School		4
Shapinsay Community School	4	4
Stenness Community School		9
Stromness Primary School		48
Westray Junior High School		12
<b>TOTAL SCHOOLS</b>	<b>2</b>	<b>12</b>
<b>TOTAL PUPILS</b>	<b>19</b>	<b>205</b>



North Walls Primary School.





Dounby Community School.



Orphir Primary School.

**Bikeability**  
Scotland



Westray Junior High School.





Evie Primary School.



Papdale Primary School.





## School Sports Days

Sports Days in schools are usually planned to take place during term 4. Active Schools Coordinators actively help when asked and support schools with the running of the day, officiating, providing equipment etc. This year schools had to rethink their sports day's due to restrictions and plan alternative sports days.

Some of the sports day the coordinators attended were:

### Stromness Academy

Sports day consisted of a variety of potted sports including athletics, badminton, dodgeball, fun events, hockey, and netball. Pupils who took part in events were able to receive house points which were then put towards their overall yearly house point accumulation. This was an extremely successful sports day.



Stromness pupils taking part in Potted Sports.



Stromness Academy display boards showing house team pictures.

### St Andrews Primary School

Sports day is one of the highlights of the year at St Andrews. Netball and Football competitions are keenly competed by house teams. This year Active Schools Coordinator helped by officiating during this competition.



St Andrews Primary School netball competition.

### Hope Primary School

Hope Primary School nursery staff organised a fun day of activities for their nursery children. Active Schools supported this by providing equipment and delivering fun parachute games.



Hope Primary School nursery pupils enjoying parachute games.

## Duathalon

On Tuesday 22 June 2021 Stromness Primary School pupils took part in their annual Duathlon. Principal teacher, Mrs Leitch along with Active Schools organised a duathlon (run/cycle and run) during curriculum time. Initially a sports relief event in 2018, it was so successful that it has become an annual event that P5-7 children look forward to each year.

Pupils can take part in the event as an individual or as part of a team. They can complete all the sections on their own or work as a team with another pupil to complete the event, one pupil completes the running and another the cycling. Cycle Orkney, Orkney Cycling Club, local parent volunteers and school staff all work together to support this event and allow it to happen.

Quote from; Mrs Leitch, Principal Teacher

*"It was great to be able to offer the children the opportunity to take part in our annual duathlon. This wouldn't be possible without the help from Active Schools and the parent volunteers who help to supervise the race once it is going and make sure that all pupils have a great time".*

Quotes from Stromness Primary pupils:

*"I really enjoyed taking part in the duathlon".*

*"I worked as part of a team, so I did the running and one of my friends completed the cycling part of the duathlon".*

*"It was a great sunny day and I really liked getting the water and fruit and the end of the event".*



Bikes set out at the start of the Duathlon.



Stromness Primary pupils with Mrs Leitch.





**Stromness Primary School Duathlon.**

## Golf

The lockdown at the beginning of the year put all sporting activities in Orkney schools on hold.

Junior Sports clubs were amongst the first activities allowed to return following government guidelines.

Active Schools, in partnership with Stromness Golf club, worked together to put procedures in place to enable golf sessions to be offered to P5 & 6 Primary School pupils during curriculum time. This gave Stromness Primary School pupils the opportunity to attend Stromness Golf Club and have a taster session on the golf course.

Due to ongoing COVID-19 restrictions only Stromness Primary School pupils received taster sessions whereas in past years all West Mainland school pupils would have been offered this opportunity.

In July, Active Schools Coordinators travelled to Westray to support the delivery of taster sessions at Westray Golf Club. This was in partnership with the golf club and Scottish Golf's Roving Pro coach who was in Orkney delivering sessions to juniors at local golf clubs. Primary and secondary pupils from Westray Junior High School had the opportunity to sign up for these sessions which were promoted through the school and both sessions were full and had a waiting list. Participants had the opportunity to receive coaching on the techniques of driving & chipping as well as learning a variety of putting games. A very successful partnership which we hope to build on in the future.



**Stromness Golf Club Volunteer demonstrating putting to Stromness pupils.**



**Active Schools Coordinator demonstrating putting to Westray pupils.**



# Orkney Sports Awards 2020 – Hall of Fame

Another casualty of the pandemic was the annual Sports Awards. With the restrictions on clubs unable to train and take part in ‘competition and events’ the decision was taken to cancel the awards for the year 2020. However, this was not the end of celebrating sporting success in Orkney and the Active Schools Coordinators took the available time to develop and introduce a very successful Sporting Hall of Fame.



Working in partnership with **sportscotland** and ‘The Orcadian’ there was a media campaign for the public to nominate any sporting person past or present that they felt deserved this prestigious accolade. This was a campaign that the local community took to heart and there was a huge response to our appeal.

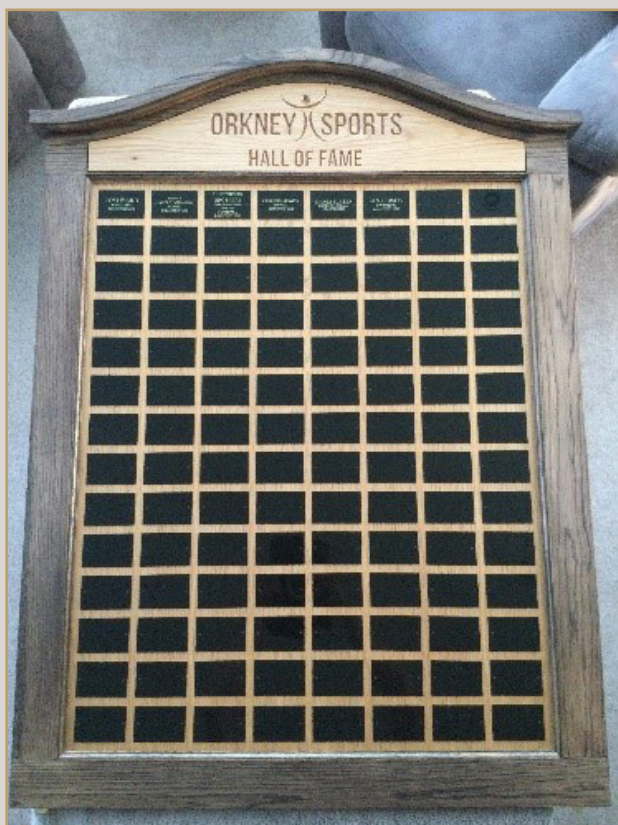
As we were unable to hold an event with a public gathering it was decided to run an event online in a similar format to that of a television programme. Due to timescales and the length of time needed to organise and prepare for this event it was agreed there would be six inductions that would take place.

A panel of selectors were given the onerous task of deciding the initial six sports people to induct. An exceedingly hard task due to the calibre of nominations that were received. A beautiful board was commissioned which now hangs in the entrance of KGS Sports Centre. Interviews with club representatives, family and teammates took place in secret and were filmed to be part of the programme. Doorstep presentations surprised our local resident inductees and those further afield received theirs by the wonderful medium of ‘Zoom’.

A fantastic community spirit and people’s willingness to help, saw a fantastic programme put together by our exceedingly helpful volunteer David Delday. Robbie Fraser and Liam McArthur agreed once again to host our event and help with the interviewing of the inductees.

An introduction by our local councillor, Harvey Johnston set the scene for an entertaining programme which included music from the talented Stromness Academy pupil, Hamish Burgeon, the story of Orkney Football Clubs double encounter on the same day at two different venues, and a review of the year. This came together to be an exceedingly entertaining event which was viewed by 1.2k viewers on Facebook and 1.75k on You Tube.

**Orkney Sports Hall Of Fame - Friday 22 January 2021** - <https://www.youtube.com/watch?v=TaVe5cwzQf4>

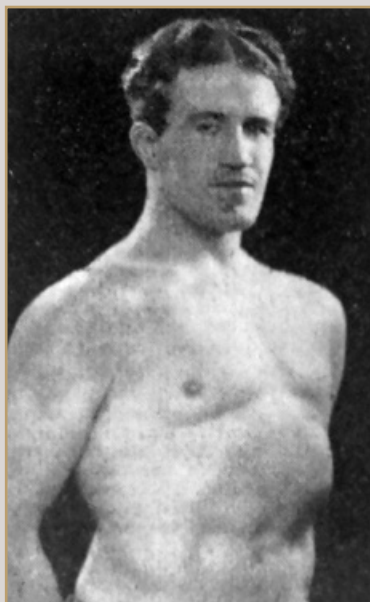


Hall of Fame Winner’s Board.



Inductees – The Hutchison Brothers.





Inductee – Tom Ward



Inductee – Shona Slater



Inductee – Karen Marwick



Inductee – Henry Halcro Johnston



Inductee – Ian Gibson

## Comments on Facebook from viewers

### Rae Slater

*“What a fab watch, so good I watched it twice after I stumbled across the link around midnight last night, only hitting my pillow around 03.35. Congrats to all the well-deserved inductees. Great to hear the stories of the deceased sportsmen from living relatives. A professional production to honour some of our best unknown and well-known sportsmen and women”.*

### Duncan Montgomery

*“Really enjoyed this, very well done to making this happen and a special well done to the recipients who have been inducted into the hall of fame”.*

# Get into Summer Programme



More than 800 children and young people throughout Orkney have benefited from free activities as part of the 'Get into Summer' national campaign.

The Active Schools coordinators, alongside seasonal staff, delivered a range of free fun "come and try" sports and activities were offered over six weeks during the summer holidays.

The campaign, which was supported by Parent Club, which aimed to create opportunities for children and young people impacted by COVID-19 to socialise, play and reconnect during the summer holidays.

A total of 811 children and young people, from P1 through to early secondary stage, took up the opportunity from across Orkney. This included Mainland areas such as St Andrews, St Margaret's Hope, Dounby and Stromness, plus island visits to Shapinsay, Hoy, Stronsay, Sanday and Westray. There were also netball and rugby coaching camps held in Kirkwall, a week of Disability Sports sessions and cycle cross/**bikeability** sessions for all abilities as part of a Pedal Orkney event.

Active Schools worked in partnership with the Community Sports Hub to bring these programmes together and were supported by local and national organisations such as Netball Orkney, Orkney Rugby Football club, Orkney Cycle club, Scottish Disability Sport and the Pickaquoy Centre. The 'Get into Summer' programme was one part of a variety of activities which were subsidised thanks to funding from the Scottish Government.

Orkney Islands Council received £68,000 out of the £15 million Scottish Government allocation shared between all Scotland's councils. A further £5 million was allocated to a coalition of 18 national partners to further strengthen and build on existing summer provision. **sportscotland** received £1.4 million which was split between all 32 local authorities with Orkney's allocation being £23,119.

Orkney's children and young people experienced significant disruption to all aspects of their lives because of the pandemic and the funding Orkney received enabled Active Schools and their partners to offer a really exciting and inclusive programme providing opportunities for children and young people to socialise, take part in activities and generally just have fun over the summer.



Participants in **Sanday** enjoy the cool down game 7's.





Participants kicking a rugby ball at the camp run in partnership with Orkney Rugby Club.

Quotes on Facebook from parents .

*"Anya had a brilliant time and wanted to come back for the rest of the week. Thank you very much".*

*"Thank you very much. Rosa had a great time xx".*

*"Thanks, both boys had a grand time today".*

## Partnership Working

Active Schools work in partnership with schools as well as several other organisations. Coordinators attend meetings and provide support and help in various ways. Below is a list of partners the coordinators have been working with during the year.

- Community Learning & Development – coordinators attend meetings and work on various projects together.
- Youth Workers Forum – representation on this group and attend meetings, promote events etc.
- Physical Activity and Well-being Strategy – coordinators are working with various partners to produce a strategy for Orkney. They coordinate and attend meetings, consult with partners.
- NHS Orkney - Child Healthy Weight Steering Group – representation on this group with attendance at meetings.
- Various OIC departments – attend service provision working groups during COVID-19 lockdowns to support the reopening of facilities.
- Local Golf Clubs – promote and support taster sessions.
- **sportscotland** – attend communication & marketing meetings and promote **sportscotland** communication themes.
- Scottish Disability Sport – promote & support the delivery of activities.
- Orkney Community Sports Hub Officer – working with clubs and partners together to improve sport locally.

## Networking

### – Islands Meetings; Orkney, Shetland, Western Isles

During lockdown and the transition back into schools the Active Schools Team used online meeting platforms to keep in touch on a regular basis. With this easy way of staying in touch locally the coordinators expanded this and took the opportunity whilst they had time to expand and strengthen their connections with other Active School teams.

Active Schools Coordinators from Orkney, Shetland and the Western Isles, met virtually to share ideas and resources, to benefit school sport.

Meetings highlighted similar challenges in all the island communities, allowing Coordinators to provide shared ideas and solutions. Additionally, successful programmes were discussed and replicated in other island groups.

These meetings also allowed coordinators to discuss national initiatives, communication themes and projects promoted by **sportscotland** and National Governing Bodies (NGB's).

*“Our Virtual Meetings between Shetland, Orkney and the Western Isles have brought our work much closer than ever. It is great to be able to meet regularly to discuss work with our closest neighbours and the Local Authorities we have most in common with. It is also a super chance to build relationships with each other”.*

Danny Peterson, Active Schools Coordinator, Shetland Active Schools Team.



## Professional Development Award in Sports Educator Tutoring

Active Schools Coordinator, Carolyn Leslie and Orkney's Community Sports Hub Officer, Joanne Cairns recently completed a Professional Development Award (PDA) in Sports Educator Tutoring.

The PDA aims to broaden professionals' skills and covers areas such as preparing to support learning; facilitating, enabling and evaluating learning; and sports education in Scotland.

Sports Education can often be associated with off island travel, time commitments and large cost implications to islanders. Therefore, it's hoped that more content can be delivered locally, to eradicate some of the barriers highlighted.

Carolynn and Joanne now join Michael Swanney and Catherine Johnson who have also completed this course.

As Orkney approaches hosting the Island Games Competition, its anticipated that the four locally qualified Sports Educators, can help to support a network of volunteers and coaches.



## Continual Lifelong Professional Learning

During lockdown and when restrictions with access to schools were in place, Active Schools coordinators took the opportunity to continue their learning by attending numerous online workshops and courses and when able to do so attend courses and workshops in person.

Course/Training Attended	Organisation
Internal Verification Course Course Centre Manager Course Delivering Leadership Qualifications after COVID Tutoring and Assessing Leadership Facilitating Virtually	Sports Leaders UK
Inclusive Athletics Workshop	Scottish Disability Sport
An Introduction to FASD for Educators	
Resources update Workshop BSI Instructor Training Bikeability On-road refresher Training	Cycling Scotland
Getting Coaches Ready for Sport SAMH Maintaining Wellbeing Coaching Children in Sport PCS plus workshops: Mindset, Values, Confidence PDA in Sports Educator Training Introduction to Mentoring & Managing Mentoring Hot Topics Consultation: Volunteer Recruitment & Club & Community Sport COVID Officer e-learning Facilitating Virtual CPD module Child Wellbeing and Protection Workshops & Child protection Guidance Training,	<b>sportscotland</b>
Fair Play in Football Workshop	Fair Play Foundation
EVOLVE Local Area Visit Training Microsoft Teams Training Health & Safety Risk Assessment Training	Orkney Islands Council
MIDAS training	Orkney Disability Forum



## Contact Details

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