

A light blue map of the Orkney Islands is positioned in the background of the page. The map shows the main island, Orkney, and several smaller islands to its north and west. The text is overlaid on the map.

OUR CONTRIBUTION TO THE ACTIVE SCHOOLS FRAMEWORK

SCHOOLS & EDUCATION 2019-20

ORKNEY ISLANDS

ABOUT THE DATA

The data in this report is from the **sportscotland** ASOF schools survey covering the period April 2019 to March 2020

- Orkney Islands – 307 responses.

The survey used convenience samples. Responses have been weighted to make them as representative as possible of the people taking part in Active Schools. Due to rounding, percentages may not always appear to add up to 100%.



**WE IMPROVE OPPORTUNITIES
TO PARTICIPATE, PROGRESS
AND ACHIEVE IN SPORT**



**SCHOOLS &
EDUCATION
2019-20**

ORKNEY ISLANDS

SECONDARY ONLY

72%

feel they are achieving
their goal in sport
and physical activity



THE TWO MOST COMMON GOALS



WELLBEING

&



FITNESS

**WE SUPPORT WELLBEING AND
RESILIENCE IN COMMUNITIES
THROUGH PHYSICAL ACTIVITY
AND SPORT**



**SCHOOLS &
EDUCATION
2019-20**



100%

of pupils feel
healthier



83%

of pupils have
made friends



89%

of pupils feel
included



86%

of pupils feel
interested



91%

of pupils feel
happier

**WE ENCOURAGE AND ENABLE
THE ACTIVE TO STAY ACTIVE
THROUGHOUT LIFE**



**SCHOOLS &
EDUCATION
2019-20**



96%

motivated to be
active in the future



82%

helped by Active Schools
to be more active
outside school

**WE IMPROVE OUR
ACTIVE INFRASTRUCTURE
- PEOPLE AND PLACES**



**SCHOOLS &
EDUCATION
2019-20**



36%

of Active Schools participants
said they had been a
sports leader, coach,
sports captain or member
of a sports council

73%

of sports leaders and
coaches said being part
of Active Schools had helped
them learn a new skill

WE ENCOURAGE AND ENABLE THE INACTIVE TO BE MORE ACTIVE



**SCHOOLS &
EDUCATION
2019-20**

ACTIVITY EXCLUDING ACTIVE SCHOOLS

Active	70%
Some activity	25%
Inactive	4%

ACTIVITY INCLUDING ACTIVE SCHOOLS

Active	86%
Some activity	10%
Inactive	4%

Child physical activity

Active - average 60+ mins per day

Some activity - average 30-59 mins per day

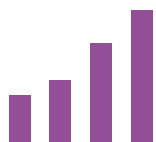
Inactive - Average <30 mins per day

**WE DEVELOP PHYSICAL
CONFIDENCE AND COMPETENCE
FROM THE EARLIEST AGE**



**SCHOOLS &
EDUCATION
2019-20**

**Active Schools participants
have grown in confidence
or learned new skills**



82%

feel they have
become **better**
at sport or other
activities

79%

feel they have
learned a
new skill

76%

feel more
confident in
sport or physical
activity

OUR COMMITMENT TO INCLUSION UNDERPINS EVERYTHING WE DO

1/2



SCHOOLS & EDUCATION 2019-20

This data refers to

ORKNEY ISLANDS

Active Schools participants

SEX*

51%

Male



49%

Female

AGE

42%

Pupils aged
8-11



58%

Pupils aged
12-17

* Source: Active Schools monitoring

DISABILITY

13%

said they
were disabled



69%

said they were
not disabled

4% preferred not to say; 14% said they didn't know

OUR COMMITMENT TO INCLUSION UNDERPINS EVERYTHING WE DO

2/2



SCHOOLS & EDUCATION 2019-20

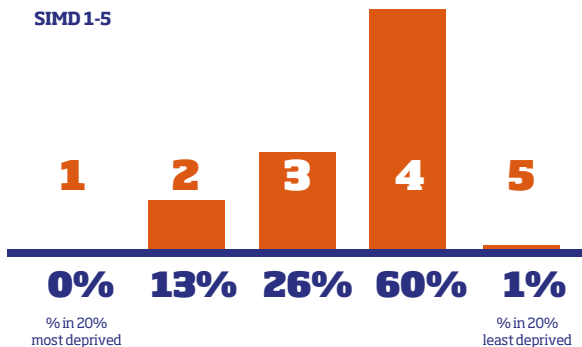
This data refers to

ORKNEY ISLANDS

Active Schools participants

AREAS OF DEPRIVATION*

0%
from the
20%
most deprived areas



ETHNICITY

SECONDARY ONLY



2%

Asian, Asian Scottish or Asian British / Caribbean or black / mixed or multiple or other ethnic groups

97%

White Scottish / White other British / White Irish or White other

1%

preferred not to say